



# SENIOR CENTRAL



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## WOCAM NEWSLETTER

# We had a very busy April!

April ( and Spring) started off well with our bus trip to the Amesbury Dinner Theater. I think we were unanimous in the decision that the trip was fun, the food was good, the star of the show was excellent but our own Applause for a Cause Troupe is every bit as good and in most cases even better! We were out of the Center's building again on April 7th when approximately 50 of our members headed down to the EAST Restaurant for an evening of, (again good food!) in the company of real good friends. This was to thank Mr. & Mrs. Li for their friendship and support of the Center. We certainly did that with 50 of us showing up for dinner. They were delighted and very apprecia-

tive of our gesture. Actually, they outdid themselves because they not only discounted everyone's check, but they gave us all a special complimentary dessert! All of you other 450 members that didn't participate in some of these events are losing out on a lot. As we are frequently telling people who meet us on these outings and inquire as to who or what our group is since

we seem to be having such great times, we are not a Senior Day Care Center, we are a group of 'older' people who enjoy being active and social. Two days later on April 9th we were off again compliments of Representative Kathy Chase who chartered a bus to take us to the State House. Here we were greeted by ..... (Cont. on page 4)



The Senior Center meets with Rep. Kathy Chase at the State House

Wocam Newsletter

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Mission Statement

To Promote the well being Of Senior Citizens in Wells and Ogunquit, regardless of sex, creed, race, religion, or the ability to pay.

## News From The Office

### Vacancies on the Board of Directors.

Anyone interested in applying to fill the three vacant seats on the BOD should get their profiles into the office ASAP. Said profile will have to be in by May 15th to be included in the June Newsletter. Terms for the three newly elected persons on the Board are for a period of three years. This is a very rewarding and interesting way to participate in your Senior Center allowing you to help shape the direction and future of our wonderful "Place where Seniors Shine". We hold our elections on the 2nd Tuesday of June. All current up to date, members are eligible to apply for the positions on the BOD and to vote. Please come to the membership meeting in June and exercise that right to vote!!

## What's Up At The Center ?

Soon there will be two local resource notebooks available at the front desk. One will contain menus from local restaurants, the other will contain service and transportation providers and schedules. The service provider notebook will only contain information on providers that have been personally recommended by our members. We will not be recommending tradesmen etc. that a member doesn't have personal experience with. Do you have anyone or any company that you wish to recommend? If so, please stop in at the office with their business card or information. This could be of great help to other members.

*P.S. We are in process of updating our list of Center key holders. If you have a key that fits any of the locks here please let Suzi, our office manager, know so that we can keep track of who has access to the building. If you have a key and wish to return it we would appreciate it if you drop it off at the office.*



## What's Up in May ?

Please check the calendar for all daily activities

### Board Of Directors

Chairperson: Frank Wolfgang (11)  
 Vice Chair: Jim Nadeau (09)  
 Secretary: Paul Weiner (10)  
 Treasurer: Ron Allen (11)  
 Asst. Treasurer: June Messier (09)

#### Directors At Large

Joe Allara (10)    Kathy Chase (10)  
John Graves (11)  
George E. Wilson (09)

BOD/Membership Meeting will be held on **Tues. April 14th** @ 4 pm. We invite you to attend the meeting. Your input is important to the Senior Center.

### Office Staff

Office Manager: Suzi Franklin  
 Office Asst: Doris Hanlon

#### Activities & Newsletter Staff:

Sheena Allara.....Marie Hastie  
 Website: Bob Bussiere  
 Coffee Shop: Ruth Woodward  
 Senior Center Aide: Ken Chase

Every **Saturday** →  
**2,9,16,23,30**

**Pancake Breakfast** 8-11 am  
 All you can eat Pancakes, with 2 sausages, Coffee and OJ. Roll back price \$4:50



**Monday 4th** →

**Atria Fiesta Luncheon @ the Center 12 noon**  
 ( Could be fun to dress in costume for this day )

Every **Wednesday** →  
**6,13,20,27**

**Bingo is Back!!**      Doors open @ 5 pm  
 Prizes, Food & Fun

**Friday- 8th** →

**Bull & Claw Appreciation Dinner @ 4:30**  
 Sign-up @ the Center, The dinner is at Bull & Claw  
 Join your friends and enjoy this evening!!

**Thursday- 14th** →

**The Four Aces (Remembering the 50's)**  
**@ Luciano's in Wrentham, Ma**  
 Leaving 9:30 from the Transportation Cr. in Wells

**Thursday- 28th** →

**Fashion Show @ Jonathan's**  
**In Ogunquit 11 am-4 pm**  
 Door prizes, Chinese Raffle,  
 Entertainment & Great Food



### Reminder:

There is still room on the bus for the **April 30th** trip to *Mohegan*

# May 2009



Sun	Mon	Tue	Wed	Thu	Fri	Sat
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## Mother's Day is this month

Visit the **Gift Shop** @ the Center  
 You may find just the perfect present for that special someone!!

## Computer Tutor

Bob Bussier will hold his class on  
 Thursday's, May 7th, and 21st @ 10 am,  
 at the Center

3	Yoga 9:30 am <u>Artia Luncheon-noon</u> Marker Art Class 1-3pm Scrabble 1-3 pm	4	Exercise 10 am Toenail Care 11:20 (by appt. only) Chicago Bridge 1-3 pm Mahjong 1-3 pm	5	Exercise 10:15 Craft Room 1-3 pm Cribbage 1:30 pm	6	Coffee Shop 9-11 am Ask the Nurse 10 am Exercise 10:30 am Line Dancing 1-3 pm Duplicate Bridge 1-3 pm	7	Pinochle 10-am-12pm Hand & Foot 1-3 pm App.Dinner @ Bull & Claw 4:30pm	8	Pancake Breakfast (Red Team)	9
10	Yoga 9:30 am Marker Art Class 1-3pm Scrabble 1-3 pm	11	Exercise 10 am Toenail Care 11:20 (by appt. only) Chicago Bridge 1-3 pm Mahjong 1-3 pm	12	Exercise 10:15 Craft Room 1-3 pm Cribbage 1:30 pm	13	Coffee Shop 9-11 am Ask the Nurse 10 am Exercise 10:30 am Line Dancing 1-3 pm Duplicate Bridge 1-3 pm	14	Pinochle 10-am-12pm Hand & Foot 1-3 pm	15	Pancake Breakfast (Green Team)	16
17	Yoga 9:30 am Marker Art Class 1-3 am Scrabble 1-3 pm	18	Exercise 10 am Toenail Care 11:20 (by appt. only) Chicago Bridge 1-3 pm Mahjong 1-3 pm	19	Exercise 10:15 Craft Room 1-3 pm Cribbage 1:30 pm	20	Coffee Shop 9-11 am Ask the Nurse 10 am Exercise 10:30 am Line Dancing 1-3 pm Duplicate Bridge 1-3 pm	21	Pinochle 10-am-12pm Hand & Foot 1-3 pm	22	Pancake Breakfast (Blue Team)	23
24	Yoga 9:30 am Marker Art Class 1-3 am Scrabble 1-3 pm	25	Exercise 10 am Toenail Care 11:20 (by appt. only) Chicago Bridge 1-3 pm Mahjong 1-3 pm	26	Exercise 10:15 Craft Room 1-3 pm Cribbage 1:30 pm	27	Coffee Shop 9-11 am Ask the Nurse 10 am Exercise 10:30 am Line Dancing 1-3 pm Duplicate Bridge 1-3 pm	28	Pinochle 10-am-12pm Hand & Foot 1-3 pm	29	Pancake Breakfast (Gold Team)	30
31	Closed	<p>Remembering the 50's with                  The Four Aces                  Thursday May 14th                  Bus Trip                  Luciano's in Wrentham, MA</p>		<p>Fashion Show @                  Jonathan's in Ogunquit                  Thursday, May 28, 2009                  11 am-4 pm</p>		<p>Have you Bought Your Ticket??</p>						



## Cutlery Sharpening



Sharpening of a few knives, scissors and vegetable peelers is offered to

Senior Center Members. Limit: 3 articles.

Wrap and bind the utensils in cloth or paper, tag with your name and telephone # and bring to the center for pick-up on Wednesday, May 13th, 2009

Utensils will be returned on Wednesday, May 20th.

Larry Cable is donating his time to do this service for us. Our appreciate and thanks to Larry.

There is no charge to our members!!

## Maine Native

### Woodland Plants



Suzi is working with volunteers to establish some plants in the wetlands in back of the Center. If



you have any of the following growing on your own property and would be willing to share 5-10 plants to plant here after May 1st, please water them and carefully dig them out with plenty of surrounding soil so that they don't go into shock. If you need help digging up the plants please call the Center and ask for Suzi. Once planted, she plans to label them so that those who visit here can enjoy them and learn more about them. The plants requested are: Trillium (red, white pink and yellow) Lady Slipper, Ginger, Ginseng, Indian Pipes, Indigo, Jack-in-the-Pulpit, May Apple, Star of Bethlehem, Nodding Lady's Mantle, Checkerberry, or other woodland plants. At this time she is not looking for field plants.



Pancake Breakfasts have been reduced to \$4.50 Please try to make upcoming Saturdays record turnouts to show President Obama that **our** 'Stimulus' Package is working!

(Cont from page one) We Had a Very Busy April

.....Senator Richard Nass and Rep. Kathy Chase and given a tour of the State House then were recognized and applauded in the House during Session for our Days of Warming Program. It was a 'first' for many of us visiting the State House and the State Museum and we would highly recommend it to everyone. That day was a total success with a stop for lunch during the afternoon. Our membership meeting went off without any glitches but we do remind everyone that we have some vacancies coming up on the BOD so please think about applying for a seat on the Board. April 17th was our bi-monthly 100 Club, the results can be seen below, and the 20th was our 'Comfort Luncheon'. We enjoyed Mac & Cheese with a donated salad from Jonathon's and desserts donated by members.(thank you all!) We go to press before the Mohegan Trip on April 30th so I can't tell you who the winners and who the losers were, but everyone who joins us on these trips will admit to having a great time so consider yourself invited and join us next time if you didn't make it to any of these events.

## Senior Center

Saturday



July 11th

8am.....

.....2pm

We are planning a Yard Sale at the Center during pancake breakfast and request that you do your Spring cleaning and save all your no longer needed treasures for our yard sale. You can drop them off at the activities office with Marie and Sheena anytime after June 1st. That gives you a whole month to get the 'good stuff' together to raise money for the Center. Your other option is to rent a table and sell your own stuff. Member's pay \$10 per table.....non-members \$14. No clothes or shoes please, and small electrical appliances should be in working order! Thanks!



Marie  
and  
Sheena



To Alfredo's Pasta & Pizza on Route 1 at the corner of Route 109, Wells, a hundred thousand thank you's for the wonderful pizza they donated for the 100 Club in April. Next Raffle is June 19th and we already have a wait list for tickets!



To the SteakHouse, Route 1, Wells, our gratitude and thanks for the great salad that they donated to our 100 Club meal. Next Raffle in June is a potluck meal so we look forward to all you great cooks bringing your special dishes.

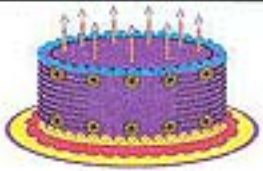
And to everyone who donated the super desserts, you did such a good job we are going to let you do it again sometime! Seriously, there was hardly a cookie left everything was so delish. So.....thanks everyone!

**Our campaign to order Hannaford Gift Cards with the store giving us 5% on every purchase, has worked remarkably well. Thanks to the participation of 23 of us, the Center will be receiving a donation from Hannaford's for over \$100 this time. We hope to run this again in a few months. It is such an easy way to raise money at no cost to any of us. (And, of course, everyone has to shop once in a while at Hannaford's!)**

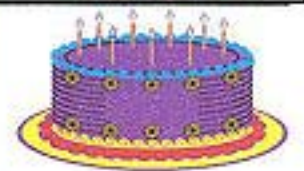
**To make it more appealing next time we will offer \$50. cards as well as \$100.**

This is our Send-a-Card Page. If you see friend listed here, I'm sure they would love to get a greeting or a word of comfort from you.

It's always nice to get something in your mailbox to cheer you up when you're housebound.



# Happy Birthday To You



Jane Miliotis	5/03	Joy Archibald	5/09	Audrey Gostanian	5/14	Victor Elder	5/21
Mary McDermott	5/05	Deanna Ross	5/09	Francis Redfern	5/15	Robert Hansen	5/22
Elwyn Morrow	5/05	Ellie Rosen	5/10	Lorri Rothstein	5/16	John Graves	5/23
Simone Roberts	5/05	Helen Folsom	5/10	Norman Fording	5/16	Alan Kupper	5/24
Roy Woolridge	5/06	William Olsson	5/10	Martin Schorer	5/16	Yale Feinberg	5/24
Robin Lovell	5/07	Elisabeth Forss	5/11	Erika Becker	5/17	Wendy Ferns	5/25
Sheila Marzouk	5/07	C.Donna Foster	5/11	Pat Theriauit	5/17	Bonnie Ames	5/26
John Freeman	5/08	Dick Bishop	5/11	Jean Wallace Fearon	5/18	Judith Tobin	5/27
Joan Kanaan	5/08	Ron Moroney	5/12	Vera O'Brien	5/18	Roslyn Crawford	5/27
Sue Olsson	5/08	Fred Harvey	5/12	Suzi Franklin	5/19	Marylee Maldonis	5/30
Jordon Freedman	5/08	Warren Koerber	5/13	Joan Graham	5/21	Janice Wood	5/31
Estelle Meeks	5/09	Louise Hansen	5/14	Bertha Hilton	5/21		



## Happy Anniversary



Carol & Michael Mushnick	5/03
Lesley Mathews & Robert Glidden Jr.	5/07
Maureen & Raymond Morin	5/08
Dawn & Jim Nadeau	5/09
Linda & Don Peterson	5/09
Wini & Paul Mason	5/14

*A Happy  
Marriage  
is a long  
conversation that  
seems too short*

Carlene & Paul Winn	5/14
Vivian & George Sweet	5/14
Anne & James Pendergast	5/15
Deb & Doug Erskine	5/17
Ellen & Bob Robinson	5/18
Norma & John Miller	5/23

Valerie & Ronald Brown

Judy Foley

Albert Johnson

Robert D. Maurais

Jill & Ron Moroney

Raymond A. Serewicz



We want you back on your feet as soon as possible



Doris Clogston

Larry Fenderson

Margaret Gromlich

Lorraine Hamlyn

Priscilla Leary

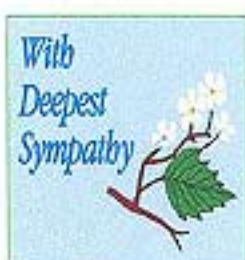
### 100 club winners

\$500 Sandy Hill

\$100. Peg Roderick

Putting envy aside, you **might** want to send a congratulation note to these two very happy people.

June 19th is the next opportunity to win. Tickets are on a waitlist as this evening is always a sellout.



We extend our sympathy to the family of  
**Marjorie Mahlowitz**  
1929-2009



## Join us from 10-11am., Mon. June 22nd

when we host an Ice Cream Social for the 8th Graders. This is our small "thank you" to the young people who put on the Jr.High School Thanksgiving Dinner every year for all the area seniors. June Messier has been organizing this for the past four years with donations from Scoop Deck Ice Cream and Big Daddy's. Please sign up and enjoy ice cream sundaes with the 8th Graders.

## Marker Art Class



Is scheduled to continue into our June calendar.

Class will be held on Monday, from 1 pm-3pm

Dates: June 8th,15th,22and 29th

Cost: \$60. Includes 4 two hour lessons with Artist Bob Hastie, and all your art supplies .

Space is limited to 9 students, with a minimum of 5 to have a class. So sign up early.

## The Baby Picture Challenge!

We are requesting that you bring a photo of yourself from infancy to age 12 to enter in our Baby Picture Challenge Contest. We will

not be judging the cutiest, happiest, funniest or most loveable. We will only be trying to match up names with photos like we did last year. Your photo should arrive in a sealed envelope with your name and phone number on the outside. Only Peg Noonan will see the photos prior to them being assigned a number. Photos must be at the Center by Noon on Fri. June 26th. No

exceptions will be made. You will have more than two weeks to identify the photos and pair them up with a name. Peg will reveal the identities on Sat. July 18th and three prizes for the most correct answers will be awarded. Your photos will be returned to you in the exact same condition as they were received. This was a lot of fun last year and we would like to thank Peg for all the work that she does setting this up.



**We've had Days of Warming in the Winter and now we want to talk about Days of Cooling for the Summer.**

**The B.O.D. has decided to keep the Center open on Sat. afternoons if the temperature and humidity rise to a dangerously unhealthy level. The extended open hours will be considered on Fri. afternoon and be posted on Channel 6, 8, & 13 or you can confirm hours by calling the Center 646-7775.**

**Urgent Care** has changed its name to

**York Hospital in Wells** and wants us to join them in their Open House on May 9th from Noon to 3pm to Celebrate!

Free hot dogs and burgers, ice cream cones & other treats. Giveaways, tours, and a great raffle as well as free screenings for

diabetes,

cholesterol, and blood pressure etc.



## Chinese Auction

Stop by and check out the contents of the five decorated boxes that list all the wonderful prizes and gift certificates that we will be giving away at the Fashion Show Merchants in the surrounding towns were very generous to the Senior Center this year.

**Tickets are \$1. each or  
10 tickets for \$5.**



## Laudholm Farms' Fun Day

Join us for a fun day out on

**Tues. June 16th, 2009 @10am.**

We will be touring their native plant gardens & historic barn followed by a short program on wildlife and a light snack.

If you are interested in hiking the trail to the beach you may do so.

**There is NO CHARGE for this outing** Page 6

# A Tour of Boston

Thurs. June 11th, 2009

JFK  
LIBRARY

Leaving the Wells Trans. Center 7:45 am  
Returning Wells approx. 5 pm

Your trip includes:

Motor Coach Transportation

A "Duck Boat" tour of Boston and "Splashdown" into the Charles River! A five-course family style meal @ Maggiano's Little Italy and A visit to the JFK Library

All of the above for only.....  
 → Members Price \$65. Non-Member's \$85

(This was made possible by a Grant from Bank of America)

All proceeds benefit Wells/Ogunquit Senior Center

For more info. Call 646-7775



Bull & Claw Restaurant  
Appreciation Dinner Friday,



May 8th @ 4:30pm

This is part of our schedule to say thank you to all the local restaurants who have been, and continue to be, so good to us. Daryl Tudisco has never said "no" to any of our requests so please join us on May 8th and show him how much we appreciate his generosity and support. Of course, you also can enjoy the company of all your good friends from the Center.

**You are invited to a complimentary**

BBQ

Friday,

June 26th. 2009

11:30am-1:30pm

@ Kennebunk Nursing Center

Ross Road, Kennebunk

Please sign-up so that we can give them a count for food



Someone dreamed a dream, a Special Dream. About going on one of the Senior Center's trips. That shows you how awesome our trips are. People who go with us dream about what fun they have when they come along on our bus!!

# Atria Fiesta Lunch

Lunch with a Mexican flare



Monday

May 14th

Menu

Chicken Fajitas  
(No Mushrooms!)  
Spanish Rice  
Tortilla Chips/Salsa  
And Special Dessert

It might be fun to dress for the occasion.

Members: \$5

Non-member: \$6. @ the Center

**Thursday, May 14, 2009**

Remembering the 50's  
with The Four Aces

Meal Choice

Stuffed Breast of Chicken Baked Haddock  
With Vegetables, Bread,

**Members: \$ 76**

Non-Members- \$ 80

Price includes: Bus,  
Lunch & Show

Motor Coach departs:

Wells Transportation Center @ 9:30 am  
Call 646-7775 for more info.

Cancellation fee may apply: please check with group leader.



**Monday, June 1, 2009**

**Huntington Common Luncheon 12 noon**

@ the Senior center

**Menu**

Baked Stuffed Sole  
Mashed Sweet Pot - Fresh Gr Beans  
Mixed Berry Cobbler w/whipped cr.  
Bev/ Coffee

Members: \$5.

Non-Members: \$6.



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## **Fashion Show 2009 – Tickets on sale Now!!!**

We have changed the venue to Jonathan's in Ogunquit and moved the date to Thursday, May 28th. and even our Fashion House sponsor has a new name. Amisi, (previously Chadwick in Kennebunk). The change from our traditional Friday fashion show to Thursday was to allow us to accommodate both our fashion provider and Jonathan's. Roxanne & Bailey (from Amisi's) will provide the commentary for the show. Jonathan's has a superb menu to choose from, with 3 choices of entrée. We are offering Baked Haddock, Chicken Picatta, and Beef Bourguignon. Please select your entrée at sign-up and choose your table seating. This gives you an opportunity to pick your dining companions.

With a stage and lights, our own models, (eight gorgeous young ladies) will parade down the run-way on Thursday May 28th, showcasing a beautiful selection of fashions. This will be just in time to change your wardrobe for Spring and Summer. There will be favors for everyone and a door prizes drawn at each table. Following this will be our Chinese Auction drawing. Be sure to buy lots of raffle tickets as there are more than \$2,800 to give away in prizes.

Remember! Tickets for the Fashion Show cost just \$32.

Sign up at the Center .

The tickets for a chance in the Chinese Auction ( see page 6)

\$1. each or \$5. for 10 chances (the best deal).



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