

SENIOR CENTRAL



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WOCAM NEWSLETTER

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Turkey Success!



We set out last month on the 1st of Sept. to raise money for the Jr. High Thanksgiving Dinner. As we said before, the 'budget' doesn't permit the dinner to go on unless someone donates the turkeys. Well, you all outdid yourselves this time since we posted the request for donations on the 1st of September. On the 3rd of September we had all the turkeys paid for and then some! We raised \$400. in a matter of 72 hours.

Unbelievable. That's what you people are. We do a lot of fundraising obviously, but this time you really knocked my socks off and that doesn't happen too often. The 8th Grade young people (cont. on Pge. 4)



Why Be A Member

You can tell by the dining room table centerpieces! We are now decorated with Fall flowers and leaves instead of red, white, and blue. Many of you will remember the campaign to collect enough milk glass bud vases to make all the tables look similar. We all looked in basements, attics, under sinks and in closets as well as going to yard sales, flea markets and family garages to achieve the collection we now have grace our dining room tables. Some of you can claim one or more of the vases as "your donation to the cause." I think we are all going around this year saying, "When was Summer?" This is truly one of those years when all the clichés about Maine weather seems to fit e.g. "What has rain every weekend for six weeks in a row?" (cont. on pge. 4)

Why should I become a member of the Wells/Ogunquit Senior Center? Here are a few reasons why.

1. It's wonderful to be an active supporter of something so many people worked on to make a reality.
 2. Your dues help fund our "members only" newsletter helping to get information to all members about what's happening.
 3. Membership provides an "ownership" in an organization that provides services and just plain fun for all members.
 4. It cost less than cents a day to be a member. .27cents
 5. When classes and events start filling quickly, members receive priority over non-members.
 6. Membership gets you a discounts in some local businesses. (check out the back of your membership card.)
- cont. on pge 4

**WOCAM
Newsletter
Oct 2009
Volume 6 Issue 10**

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Mission Statement

To Promote the well being Of Senior Citizens in Wells and Ogunquit, regardless of sex, creed, race, religion, or the ability to pay.

News From The Office

The Wells/Ogunquit Senior Center's regular hours are: Monday-Friday 9 AM-4PM and Saturday for Pancake Breakfast 8 AM- 11 AM. We play Bingo on Wednesday @ 5 PM and Tuesday is Game Night from 4 PM-6:30 PM. Occasionally, we have an activity planned over the weekend (A Dinner Theater). Our policy during the winter months: If the Wells/Ogunquit schools are closed, because of the weather, the Center is also Closed. TV channels 6 & 13 will post the closings.

Reminder: To all the Snowbirds. If you need to change your address for the winter. Stop by the office or give us a call.



Letters to the Editor



Dear Editors: I have been a member of the Senior Center since the building was opened in 2004 and used to enjoy coming in on a Thursday morning for what was called the "Thursday Club". Has this been disbanded or cancelled? I notice that it is no longer entered in the calendar of events. Regards, George W. (cont. page 4)

What's Up At The Center ?



What's Up in October ?

Please check the calendar
for all daily activities

Board Of Directors

Chairperson: Frank Wolfgang (11)
Vice Chair:
Secretary: Paul Weiner (10)
Treasurer: Ron Allen (11)
Asst. Treasurer: June Messier (12)

Directors At Large

Joe Allara (10) Valerie Brown (12)
Kathy Chase (10) John Graves (11)
Christine Tremblay (12)

BOD/Membership Meeting
will be held on **Tues. Oct. 13th**
@ 4 pm.

Office Staff

Office Manager: Suzi Franklin
Office Asst: Doris Hanlon

Activities & Newsletter Staff:

Sheena Allara.....Marie Hastie
Website: Bob Bussiere
Senior Center Aide: Ken Chase

Every
Saturday →

Pancake Breakfast 8—11 am
All you can eat Pancakes, with
2 sausages, Coffee and OJ
Roll back price \$4:50 !



Every →
Wednesday

Bingo ! Doors open @ 5 pm Games @ 6 pm
Prizes, Food & Fun

Friday 2nd →

Congdon's Appreciation Lunch
Meet @ Congdon's in Wells —1 pm

Monday 5th →

Sing-A-Long —10:45-11:30 am
Mac & Cheese Luncheon 12 pm

Thursday 8th →

Kittery Estates Luncheon 12 Noon

Tuesday 13th →

BOD Meeting 4 pm

Thursday 15th →

Coastal Maine Foliage Trip
Meet @ the Wells Transportation Center 7:30 am

Friday 16th →

100 Club Raffle, 5 pm (Pizza Night)
Think Halloween *Dress up in costume if you wish*

Sunday 18th →

Dinner Theater: "An Award to Die For" Put on by
"Applause for a Cause" @ 4 pm

Tuesday 20th →

Flu Shots 12- 3:30 pm
(No appointment necessary, just walk in)

Thursday 22nd →

Varano's Buffet @ Varano's on Mile Rd in Wells
Meet @ 5:30 pm





Board of Director
 Membership Meeting
 Tuesday, 4 pm

October 2009

Alert!
 Notice the new begin time for the
 Thursday exercise Class 10:40 am



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	Monday 5th, Sing-a-long 10:45 am & Mac/Cheese Luncheon noon Thursday 8th, Kittery Estate Luncheon @ Noon Thursday 15th, Coastal Foliage Trip 16th, 100 Club Raffle 5pm Murder Mystery Dinner Theater 4pm Varano's Buffet @ Varano's 5:30pm	Friday Sunday 18th, Thursday 22,					
 Closed	4 Yoga 9:30 am Sing along 10:45 am Luncheon @ noon Marker Art 1-3 pm Canasta 1-2 pm Matter	5 Chair Exer. 10:15 am Exercise 10:30am Toenail Care 11:20 am Chicago Bridge 1-3 pm Mahjong 1-3 pm Game Night 4pm	6 Chair Exer. 10:15 am Exercise 10:30am Toenail Care 11:20 am, Chicago Bridge 1-3 pm Mahjong 1-3 pm Game Night 6pm	7 Exercise 10:15 am Craft Room 1-3 pm Cribbage 1:30 pm Bingo 5 pm	8 Coffee Club 9-11am Computer Tutor 10 am Exercise 10:40 am KitteryEstateLunch Line Dancing 1-3 pm	9 Pinochle 10am-12 pm Hand & Foot 1-3 pm	10 Pancake Breakfast 8-11 am (Red Team)
Closed	11 Closed Columbus Day	12 Chair Exer. 10:15 am Exercise 10:30am Toenail Care 11:20 am, Chicago Bridge 1-3 pm Mahjong 1-3 pm Game Night 6pm	13 Chair Exer. 10:15 am Exercise 10:30am Toenail Care 11:20 am, Chicago Bridge 1-3 pm Mahjong 1-3 pm Game Night 6pm	14 Exercise 10:15 am Craft Room 1-3 pm Cribbage 1:30 pm Bingo 5 pm	15 Coffee-Club-9-11 am CoastalTrip7:30a Ask the Nurse 10 am Exercise 10:40 am Line Dancing	16 Pinochle 10am-12 pm Hand & Foot 1-3 pm 100 Club Raffle  5 pm	17 Pancake Breakfast 8-11 am (Green Team)
Closed	18 Yoga 9:30 am Marker Art Class 1-3-pm Canasta 1-3 pm Scrabble 1-2pm Matter	19 Chair Exer. 10:15 am Exercise 10:30am Flu Shots 12-3 pm Chicago Bridge 1-3 pm Mahjong 1-3 pm Game Night 4pm	20 Chair Exer. 10:15 am Exercise 10:30am Flu Shots 12-3 pm Chicago Bridge 1-3 pm Mahjong 1-3 pm Game Night 4pm	21 Exercise 10:15 am Craft Room 1-3 pm Cribbage 1:30 pm Bingo 5 pm	22 Coffee Club 9-11 am Ask the Nurse 10 am Exercise 10:40 am Line Dancing 1-3 pm Dup.Bridge 1-3 pm	23 Pinochle 10am-12 pm Hand & Foot 1-3 pm	24 Pancake Breakfast 8-11 am (Blue Team)
Closed	25 Yoga 9:30 am Marker Art Class 1-3-pm Canasta 1-3 pm Scrabble 1-2 pm Matter	26 Chair Exer. 10:15 am Exercise 10:30am Toenail Care 11:20 am Chicago Bridge 1-3 pm Mahjong 1-3 pm Game Night	27 Chair Exer. 10:15 am Exercise 10:30am Toenail Care 11:20 am Chicago Bridge 1-3 pm Mahjong 1-3 pm Game Night	28 Exercise 10:15 am Craft Room 1-3 pm Cribbage 1:30 pm Bingo 5 pm	29 Coffee Club 9-11 am Ask the Nurse 10 am Exercise 10:40 am Line Dancing 1-3 pm Dup.Bridge 1-3 pm	30 Pinochle 10am-12 pm Hand & Foot 1-3 pm	31 Pancake Breakfast 8-11 am (Blue Team)



Dear George: We are delighted that you enjoyed our Thursday Club coffee group and wish to assure you that it is not disbanded or cancelled. We still gather as a conversation and coffee bunch on Thursday mornings . You seldom find the same people since the group changes from week to week depending on their personal commitments. We hope to see you in the upcoming weeks along with the rest of the members who used to participate. We agree, it was fun to share opinions and give advice (even unasked for advice!) while enjoying a very reasonably priced cup of coffee and a muffin. So, all you past members of the group, come on down, let's get together on Thursdays again. We will list the Coffee Club back on the calendar ,George. and thanks for reminding us about this.

Fall has arrived

(cont. from Pge.1)

Answer: Summer in Maine." Or, "What do you call three nice days in July? Answer: A Maine Summer." Well you get the idea. I think you will agree, we didn't have the best summer and I think the local businesses will attest to that. We should be thinking about Fall cleaning and getting ready for the Exodus to warmer climates but hopefully we'll have a great October and November to enjoy before wrapping up 2010.

(cont. from pge 1) **Why Be A Member**

- 7. Being a member and showing your card announces to others that it's a good organization to be part of, and it gives you the opportunity to talk to others about the Center
 - 8. It's a worthwhile community project to support. So, your card-carrying , proud members who have already realized the benefits of becoming a member can say, when asked, " Why should we be members?" can answer " **Why would you not want to be ?**" (Kathy Chase, 2004)
- The most rewarding reason to become a member of the Senior Center is knowing that your support is the life-line that allows us to have this beautiful place to meet. You can meet your friends and make new ones, enjoy the trips, luncheons and dinners, (discounted to our members) . Check out the programs that we offer, take a Art or Computer Class. There is action at the Center every weekday . As we get older, we tend to become reclusive. It becomes harder to get out and meet new people and get involved, but we all know it is beneficial to us to do it.

Becoming a member of the WOCAM organization gives us just that:
A place to go, things to do and wonderful people to meet !

Our Logo " A Place Where Seniors Shine" is what we strive for!

We began as a group of volunteers, meeting at the Wells Library, looking for a way to better the lives of the Seniors in our community. That group soon realized that the needs of our older population were not being met. Thus the long road to our present building and our very active Center. We do not receive funding from the towns and rely on grants, donations, and yes that lowly raffle, the different fundraising activities we put on, the wonderful support of different businesses ,merchants, and individuals . The very heart of the Senior Center is the best Volunteers in the world. We are very proud and grateful that we live in a community that is so supportive of it's Senior Citizens. Our dues have remained the same since we opened our doors in July 2004. **Dues: Single \$25 Couples \$40. for one year .**

Turkey Success



now have their turkeys paid for and since we raised so much money they will have the residual cash to buy classroom supplies or to finance a field trip etc.

The following terrific people contributed to the turkey drive : Sheena & Joe Allara, Diane & Rod Anderson, Gloria & George Bushee, Sylvia & Larry Cable, Mae Cady, Kathy & Butch Chase, Lillian Chutsky, Phyllis & Tony Cusimano, Meg DeAgazio, Ruby Firth, Suzi Franklin, Mary & Dick Frambach, Toni Fusco, Joan & Joe Graham, John Graves, Bonnie Guptill, Doris Hanlon, Marie & Bob Hastie, Carol Heil, Sandy Hill, Bob Howard, Alice Hritz, Anne & Dan Hussey, Jerry Juneau, Judy King, Ron Langlois, Jack Leary, Brenda McDermott, Pat McDonald, June & Roger Messier, Marla Moody, Peg Noonan, Bill & Evelyn Penney, Marlie Phillips, Mary Saucier, Pat & Bob Therriault, Tom Walton, & Paul Weiner. We hope to see all of you on the Sunday before Thanksgiving at the Junior High School for this wonderful community get together put on by the Wells and Ogunquit 8th Graders for the area seniors.



Hannaford's

You still have time to order your Hannaford's Gift Card.

Cards are available in denominations of \$50.,\$100.,and \$200. Deadline to place an order and /or pay for an order is Friday, October 30th. The cards will be issued within 7 days (by Fri.,Oct.30th) Hannaford's has been very supportive of the Senior Center. We can show our appreciation to them and have a great fundraiser for the Center at the same time. The Center receives a 5% donation on every card ordered. This is our 3rd time to run this program, our members have responded favorably each time. Please consider placing an order . Contact the

Kennebunk Savings Bank

On Thursday, Sept17th. Kennebunk Savings Bank presented us with a check for \$1,166.00 as our share of their Community Profit Sharing Program. There were so many worthy non-profit organizations on the list of agencies you could vote for, we are very pleased that so many people voted for our Senior Center. Thanks to all of you once again this year, who cast your vote for us. Ron Allen, Frank Wolfgang, June Messier . Lisa Randal Heather Harris from the Bank





SEND A CARD PAGE



Someone would love to hear from you!



Happy Birthday



Gerald McGrath	10/01	Frank Nutting	10/11	Madeline Murphy	10/22
Ron Langlois	10/02	Jean Walsh	10/11	Gayle Stanwyck	10/23
Joyce Gallivan	10/03	Pauline DeTrano	10/12	Rosemary Hayden	10/24
Iris Perkins	10/03	Marla Moody	10/12	June Clapp	10/26
Barbara Chisholm	10/06	Marie Rausa	10/12	Betty Williams	10/26
Peter Carberry	10/06	Elizabeth Colling	10/13	Pam Smith	10/26
Harlon Spaulding	10/06	Helen Brown	10/14	Judy King	10/28
Carol Ersing	10/07	Joseph Rowe Sr.	10/14	Joan Quarry	10/28
Nancy Hogan	10/07	Mary Cormier	10/15	Carole Miller	10/28
Bob Marlowe	10/08	Bob Theriault	10/15	Gladys Barnard	10/28
Cleta Henry	10/09	Jean Ladderbush	10/16	Kathleen Prosser	10/29
Bob Becker	10/09	Faith Coye	10/16	Priscilla Leary	10/30
Don Giardino	10/10	Constance Yenta	10/17	Marilyn Cate	10/30
Lesley Mathews	10/11	Philip Clark	10/17	Bob Pedersen	10/30
Ruth Werkowski	10/11	Lee Boudrot	10/18	John Dunn	10/31
Effie Papazoglou	10/11	Peg Noonan	10/21	Ruby Firth	10/31

Our Newest Members

Pauline DeBruyckere
 Cal Conniff
 Jean Cavanaugh
 Marcie Horowitz
 Betty Madore
 Ann O'Connor
 Eleanor O'Connor
 Christina McGuire
 Jan & Bob Smith
 Joan Stanley
 Gayle Stanwyck
 Donna Willerson



Happy Anniversary

Grow old with me the best is yet to be

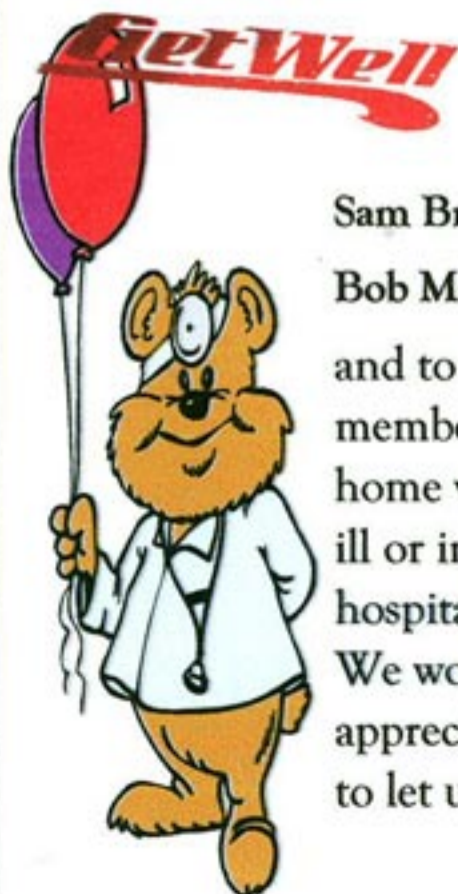


Mary & Richard Littlefield	10/01	Sandy & Paul Weiner	10/16
Gloria & Richard Bushee	10/02	Ruth & Fabian Werkowski	10/16
Kathy & James Peterson	10/05	Jane & George Fenderson	10/17
Cynthia & David Barton	10/08	Ann & Dan Hussey	10/18
Erika & Robert Becker	10/08	Carol & George Hersom	10/21
Hope & Chet Galeucia	10/11	Amy & Charles Anderson	10/25
Rachel & Jerry Juneau	10/11	Eleni & Ernest Paras	10/27
Janet & Paul Abendroth	10/12	Lois & Francis Hutch	10/30

Our deepest Thanks and Gratitude to the families and friends of Lois Eileen (Nickie) Wagner and Maggie Humes for their generous donations to the Wells/Ogunquit Senior Center in remembrance of these two very special Women



Wocam Newslette



Sam Brusgulis
 Bob Maurais
 and to all our members at home who are ill or in the hospital. We would appreciate a call to let us know.

Congratulations

To
 Peg Noonan
 on the birth
 of a new grandson
 Lincoln Henry Noonan
 Born July 06, 2009

Proud parents
 Bill and Melissa Noonan
 Lubbock, TX



BIG SATURDAY EVENT @

THE WELLS/OGUNQUIT SENIOR CENTER, 300 POST RD. WELLS, ME SATURDAY, NOVEMBER 21ST, 2009—8 AM TIL-3 PM
CRAFT SHOW, BAKE SALE, MARKER ART AND SCULPY DEMONSTRATION, FORTUNE TELLING AND OUR FAMOUS PANCAKE BREAKFAST.

BAKE SALE

A ONE DAY EVENT YOU SHOULD NOT MISS!!

CRAFT FAIR

We will have a table of goodies, candy, cakes, breads, and pies. Get some help with your Holiday menu, Let us do the baking !!



Have your fortune told by Madam Ju Ju or Madam Katrina. (It's all in fun)
Our Gypsy booth will be open 11:30-2 pm



Artist Bob Hastie Will be here!



To demonstrate the Marker Art technique and he will also show us how to use sculpy to create some sculptures.

Get your Holiday shopping off to a great start. Find something different to give this year. We have some of the most talented crafters at the Center A good selection of quality gifts. Stop by and take a peek !!



PANCAKE BREAKFAST

8 AM-11 AM

PLAIN OR BLUEBERRY PANCAKES

WITH 2 SAUSAGES, ORANGE JUICE AND COFFE OR TEA



Only \$4.50

BREAKFAST SPECIAL



A Matter Of Balance

The program "Matter of Balance" scheduled "September 14th through November 2nd on Mondays 1pm-3 pm at the Senior Center is now full. If you signed up, please attend as we already have a waiting list. Matter of Balance is based on Fear of Falling an award-winning program designed to manage falls and increase activity levels. The program emphasizes practical strategies to manage falls. Concerns about falling is so important to us seniors. Because of so much interest we have decided to extend the program and we will be posting another group of sessions in the November Newsletter. The instructors have set a limit on how many clients will be accepted. Class size will be 12-15 people. This is not a drop in Class, you need to attend all 8 session, to benefit from the program.

Donation: \$20 for 8 session Class

Plus \$5. for Senior Center Non-members



Wocam Newsletter

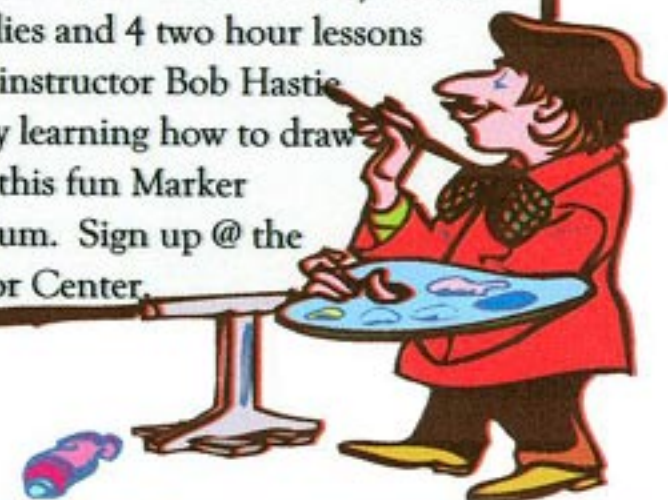
Bowling

A group of seniors from the Center gather at the bowling alley in Sanford on Tuesday's @ 10am to bowl. The Center will not have a bowling league this fall. If you would like to bowl, contact Peg Noonan@ 207-251-4276 or call the Sanford Bowling Alley and ask about joining the group on Tuesday.

Tom

Walton is unable to run our bowling league this time, we thank you, for your volunteering these last four years. Tom says he will still bowl sometime.

The Last Marker Art Class of the year Will have two classes in Oct. on Monday, Oct. 19th, Oct. 26th and two classes in Nov. 2nd, and Nov. 9th. The cost: \$60. Includes all your art supplies and 4 two hour lessons with instructor Bob Hastie. Enjoy learning how to draw with this fun Marker medium. Sign up @ the Senior Center.



A Dinner Theater Production

"An Award to Die For"

Presented by

Applause For A Cause

Directed by June Messier

Preformed @

the Wells/Ogunquit Senior center 300 Post Rd. Wells, ME

Sunday, October, 18th. 2009 @ 4 pm

Intermission & Dinner @ 5 pm

On sale now

Tickets:

Members \$20

Non-members

\$25.



On The Road Again.....



Happy Holiday's Revue

Thurs. Nov. 19th, 2009

Welcome Cocktail Reception
Deluxe Luncheon Buffet
Christmas Party with Gift
Free Individual Photos
Gift Certificate to the Gift Shop

Dept. Wells Tr. 8:30 am
Coffee Br. Alton 9:30 am
Indian Head Resort
11:30 am- 4 pm
Back in Wells 6:30 pm

Members \$59. Non-Mem. \$64

Featuring
Russ Peterson

Indian Head Resort

7:30 am-7:30 pm

Thurs. October 15th, 2009

Coastal Maine Foliage Trip

Members: \$59.00

Non-Members: \$64.00

Hollywood Slots, Bangor for buffet lunch

\$5. free slot play before lunch

The Wyeth Exhibit @ Farnsworth Museum

Owls Head Transportation Museum



Come Dine With Us.....



MACARONI



WOCAM

Mac & Cheese Day

Monday, Oct 5th

Sing- A-Long 10:45 am

Members: \$5.

Lunch 12 noon

Non-Members:
\$6.

Menu

Salad, Garlic Bread, Mac & Cheese

Dessert: Strawberry Shortcake & Beverage

Congdon's Appreciation Lunch

Please join us for lunch at Congdon's on Rt. 1, in Wells, ME
Friday, Oct. 2, 2009 @ 1 pm

Congdon's has been one of our biggest and most generous supporters. They supply us with donuts on a weekly basis, coffee for the pancake breakfast at the harbor, and Gift Certificates for our raffles. When we ask, they always answer. We would like to say "thank You" by having an appreciation Lunch at Congdon's

*Please sign up
(so we can have a count)
and join us there!!*



Kittery Estates

Menu

Apple Braised
Brisket Potato
Pancakes Apple
Sauce/Sour
Cream
Glazed Carrots
Chef's Choice of
Dessert



Chef Todd Sweet

Present

Lunch @ the Center

Thurs. Oct. 8th, 2009
12 noon

Kittery Estates
is new to the Center
Join us and learn
more about it

Donation:

Members \$5.

Non-Mem. \$6

Beverages

Varano's "Italian Fest"

Menu Door Prizes

Thursday, Oct. 22nd, 2009

Social Hour 5:30 pm- 6:30 pm

Dinner : 6:30 pm

Tickets available @ Varano's
or Billy's Chowderhouse,
Mile Rd, Wells ME and
Wells/Ogunquit Senior Center,
300 Post Rd. Wells .

Donation: \$20.
includes Tax & Gratuity



Chef's Choice of
Dessert_ Beverage

Cash Bar

*This event is sponsored by Dick & Sherri Varano
to Benefit the Wells/Ogunquit Senior Center*

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The Big Win

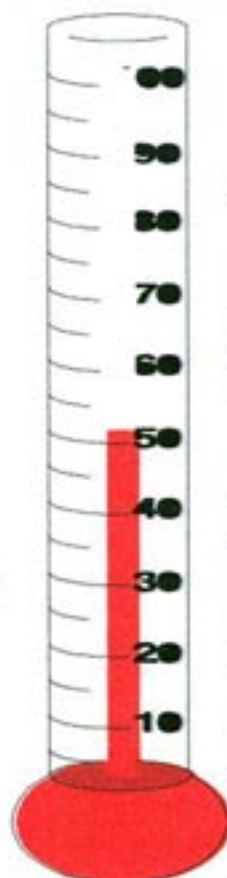
Great odds

Win up to \$ 2,500.00

Have you bought your Big Win Ticket??

This is one of our biggest fund raisers and we have sold half of the tickets. Only 300 tickets will be sold and we will have 31 winners. Winners will be drawn at a special reception on Friday, Dec. 11, 2009. You do not have to be present to win. How the \$7,500. prize money will be distributed: 22 @ \$100., 2 @ 150., 4 @ \$250., 1 @ \$500., 1 @ \$1,000 and the grand prize of \$2,500. Each ticket cost \$50 buy one for yourself or buy one with a friend However the ticket should be in one name only.

Tip Tickets would make a great gift and Christmas is just around the corner.



Available at

Wells/Ogunquit Senior Center
Provided by York Hospital

The Schedule:

Dates: Tuesday October, 20th- & November 3rd.

Time: 12 pm-3:30 pm

Note: (No toenail care on these Tuesdays).

Flu Shots & Pneumonia Shots

There will not be a sign up sheet, You can walk in, It will be open to the public .

Please bring your Insurance Information with you.

Cost: Flu Shot \$10 Pneumonia Shot (undecided \$20-\$40)

At this time we have no information on the H1N1 Vaccine availability. The seniors will be last people to receive this vaccine due to the opinion that we have the most immunity to it. However we do expect to receive some vaccine in Nov. or Dec. The Senior Center still needs volunteers to help with the paper work on the Flu Shot days. Call 646-7775 if you can help.



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