



swellsogunquit@maine.rr.com
web site: www.wocam.org

SENIOR CENTRAL



WOCAM NEWSLETTER

TEL: 207-646-7775

FAX: 207-646-8952

300 Post Rd. Rt. 1

Wells, ME 04090

P.O. Box 987

P.O. Box 9

Moody, ME 04054

Matching Funds



We are giving you two choices to double your money (your donation money that is!)
If you don't support one project then maybe you'll support the other. Anyway, this
is dollar for dollar double your donation!

A very generous member who participated in our Days of Warming commented on the need for kitchen dishes, new pots and pans that "don't burn the chowder" and possibly cups and saucers that match among other things. After volunteering for a number of events that involved using the kitchen facilities they offered to match any donation to purchase new items for the kitchen. The person felt that our pots etc. were at least a hundred years old and had been through many kitchens before coming to us. So, the offer is out there up to \$1,000 of matching donation from this very thoughtful member. That is one of your choices if you'd like to help us out with a donation. This offer is open until the end of June, 2010. Please help us outfit the kitchen in keeping with the quality and style of our Center. Contact Marie or Sheena to donate to this great

and the other great project we are working on right now is our Generator Fund Raiser. This is being matched by Kennebunk Savings Huntington Common Grant to the tune of \$7,500 and so far we have raised \$692. Now this is very foolish on our members' part since we are leaving \$\$\$ on the table. These dollars are already assigned to us if we can only come up with a matching amount, so, let's get it done! We have been re-evaluating the situation after the last power outage in the area at the end of February, and realize that some kind of alternate power supply is definitely necessary to the Center going forward. We just haven't got Plan B figured out as to exactly what the cost will be or the funds available to get something done. This one is also up to the membership to show what they want to support. Contact Suzi to donate to the fund or call @ 646-7775

WOCAM

Newsletter

April 2010

Volume 7 Issue 4

Inside Story

What's Up & Letters to Editors	Pge. 2
Calendar	Pge. 3
Stories of Interest	Pge. 4
Send a Card?	Pge. 5
Activities/Programs	Pge. 6
Trips & Luncheons	Pge. 7
Kennebunk Bank Every Vote Counts BOD elections alert	Pge. 8

Mission Statement

To Promote the well being Of Senior Citizens in Wells and Ogunquit, regardless of sex, creed, race, religion, or the ability to pay.

News From The Office

The Census: When you receive your census form in the mail, please fill it out and mail it promptly. The results from the 2010 census will be used to help each community gets its fair share of government funds for our highways, schools, health facilities, and many other programs you and your neighbors need. Without a complete, accurate census, our community may not receive its fair share.

You will notice a change in the Newsletter. We have added ad's from local businesses to cover the cost of mailing the Newsletter to all you super members.



Letters to the Editors



This month in place of letters from the members we have a letter from the Chairman which requires no answer. Just thought on your part. Sheena & Marie

To all of the members.

As of Jan.2010 I have been acting Chairman of the Board. I have been involved with our Center for almost 11 years as a volunteer. Initially we were operating at the coffee shop on Rt. 9 with approx. 50 people participating in events and meetings. As of this April we now have 650 paid members.

I am somewhat confused as to member involvement or lack of same when I look at the radical change in our membership.

(Cont. on pge. 4)

What's Up At The Center ?



What's Up in April ?

Please check the calendar for all the daily activities

Board Of Directors

Chairperson: Joe Allara (10)

Vice Chair:

Secretary: Paul Weiner (10)

Treasurer: Ron Allen (11)

Asst. Treasurer: June Messier (12)

Directors At Large

Valerie Brown (12)

Kathy Chase (10) John Graves (11)

George Hersom (11)

Chrisine Tremblay (12)

Honorary Board Members

Karl Ekstedt, Wells, B.O.S.
Michael Score, Ogunquit, B.O.S.

BOD/Membership Meeting
Tues. April 13th, 2010 @ 4 pm

Saturday
April 3rd →

Pancake Breakfasts are back !! All you can eat blueberry or plain pancakes, 2 sausages, orange juice & endless coffee. Cost: \$5.00

Thurs.
Apr. 8 →

Spring Fling @ Your Body Works sign up @ the Center call Your Body Works to schedule time from 10 am -1 pm

Sun.
Apr.11 →

River Dance Trip
Meet @ the Wells Transp. Center at 9:30 am

Tues.
Apr. 13th →

Kittery Estates Lunch
Car Pool from the Center @ 11: 30 am

Fri.
Apr. 16th →

100 Club Raffle Night
Pot Luck Night 5pm

Thurs.
Apr. 27th →

Mohegan Sun Casino Trip
meet @ the Wells Transp. Center at 8 am

Fri.
Apr. 30th →

Police Dept. program 11:15 am
& Culinary Arts Dept Lunch Y.C. C.C. 12 pm

Office Staff

Office Manager: Suzi Franklin

Office Asst: Doris Hanlon

Activities & Newsletter Staff:

Sheena Allara.....Marie Hastie

Website: Bob Bussiere

Coming Back On
Wednesday, →
May 5, 2010

BINGO!
FUN!
Prizes Food



1st Pancake Breakfast in 2010. Gold Team on Duty! Hope to see you! And you! And You!!



Letters to the Editors

(Continued from page 2)



We have 650 members and it is always the same 15 or 20 people attending the members' meeting. Why? The meeting has been changed from 5:00 P.M. to 4:00 P.M. the 2nd. Tuesday of the month. We changed the time so that people could come to the meeting and be home early. It doesn't seem to have made any difference.

The Wells/Ogunquit Senior Center Is **YOUR** Center and I am surprised that there is so few people at our meetings.

We would love to see more of you. So..... if you could take an hour or so once a month to come to the meetings, I'm sure that some of you would have some good ideas that we could use and you would learn a lot about what is going on here and have some input as to programs, budget, etc.

Hoping to see you at the Center. I remain your Chairman on the Board, Joe Allara


AGING WITH EASE – It is possible! On April 10, 2010 from 11am-3pm, the Greater York Region Chamber of Commerce will host an expo on aging at Kittery Estates , 220 State Road in Kittery. This event is open to the public and admission is free!!

This expo is directed at helping senior citizens enhance their quality of life and enjoy peace of mind. It will also be a resource for the "sandwich" generation---adults who are responsible for both the care of their elders as well as their own children or grandchildren, and for those with special needs. Product displays will include information on the installation of residential elevators, stair lifts, wheelchair lifts, dumbwaiters and patient lifts. Learn about financial planning, assisted living and in-home nursing care, as well as Medicare options. Kittery Estates is an independent living retirement community and their staff will provide free tours of their apartments & facility!

Free raffle drawings every half hour throughout the day. Prizes include gift certificates and **three \$100 cash drawings** at 11:55, 12:55 and 1:55 pm!

Free demonstrations by Sleep Solutions & Atlantic Medical Supplies (12:00), Ameriprise Financial (12:30) and Wilkinson Law Offices (1:00).


There is plenty of free on-site parking at Kittery Estates, which is located just outside of the Kittery traffic circle when heading north to enter I- 95 North. Free overflow parking will be provided at the Kittery Town Hall with a shuttle bus service operated by **York Hospital**. For more information contact the Greater York Region Chamber of Commerce at 207-363-4422 or visit www.gatewaytomaine.org for a complete list of exhibitors.



Another great success story partnering Hannaford's and our members. We finished running our gift card program, ordered **\$2,650** worth, and Hannaford's donated **\$ 132.50** to the Center! This is a great deal since the individuals gets shopping cards for their full value and the Center gets 5% donated for every hundred dollars purchased. We have run this program a few times before and will run it again in the Spring providing Hannaford's continue to offer it. If you haven't participated in the past, maybe you'll join us next time. It's a Win/Win deal.

"FRACTURED FOLLIES"

This year's Fractured Follies Show was a huge success. Resulting in over \$1,312 for our Senior Center. If you did not attend you missed a wonderful show, everyone said it surpassed all the other years. [but they say that every time we have the follies show.] Our thanks and gratitude to June Messier , Kathy Chase and the "Applause For A Cause" crew for their devoted commitment to the Center. Also many thanks to all the talented people who performed to make this such a superb show!!!

Marty Layne 
 AUDIOLOGY

Diagnosis and treatment of hearing loss

403 Lafayette Center Kennebunk, ME 04043
 Tel: 207-985-8005 Fax :207-985-8006

Abbey Forcier, Au. D. abbey@martylayneassociates.com
 Doctor of Audiology martylayneaudiology.com



Atria Kennebunk
 Assisted Living
 One Penny Lane
 Kennebunk, ME
 207-985-5866
www.atriaseniorliving.com

Highland Property Management, Inc.
 Winter House Checking
 Construction Supervision

Paul C. Weiner
 (Secretary on your Board of Directors)

Ogunquit, ME. 03907-0368
 207-646-8696
 Cellphone: 207-337-5054
 E-Mail: pweiner@gwi.net





Send A Card Page



An Anniversary, Birthday, Get Well or to Welcome someone new to the Center.
Make someone's day by calling or sending them a card.

Mary Coggershall	4/01	Fran Pedersen	4/10	C. Dana Foster	4/22
Irene Duffy	4/01	Albert McEvoy	4/10	John R. Secor	4/22
Emilie Eichelroth	4/03	N. Jean Graul	4/12	Angela Festa	4/24
Joan Lunt	4/05	Jay Boomer	4/12	Mae Cady	4/25
Audrey Woodard	4/05	Russell Darling	4/12	Bob Maurais	4/25
David Hollis	4/05	Betty Fleetwood	4/13	Frank T. Adams	4/25
Jane Fenderson	4/06	Frances Snow	4/14	Eileen Dahill	4/26
Sandra Hill	4/06	Ann Reed	4/15	Adele Gray	4/26
Ann Brusgulis	4/07	Connie Bemis	4/15	Bob Cady	4/26
Doris Fader	4/07	Joan Maloney	4/16	Bob Robinson	4/26
Joan E. Bates	4/07	Lorraine Moulton	4/16	Carol Mushnick	4/27
Marie Boscalia	4/08	Antoinette Fusco	4/16	Rachel Juneau	4/27
Elaine Stein	4/08	Sandra Broomfield	4/19	Betty Putnam	4/27
Tom Wilkinson	4/08	Thomas Lonergan	4/19	Dick Philopena	4/28
Francis Hutch	4/08	Greta Martin	4/20	Priscilla Boomer	4/29
Ron Brown	4/09	Phyllis Cusimano	4/21	Muriel Goodrich	4/30
Shirley Roach	4/10	Eleni Paras	4/21	Steven Moody	4/30
Gerald Dillon	4/10	Arlene Breen	4/21	Duncan Jones	4/30



Happy Anniversary to You!!!

Ruth & Tom Wilkinson	4/05
Geraldine & Kenneth Paradis	4/06
Marilyn & Russell Darling	4/07
Barbara & Bill Chisholm	4/12
Carol & Fred Harvey	4/12
Barbara & Don Allen	4/12
Evelyn & Bill Penny	4/19
Sue & Ray Wiggins	4/19
Mary & John Hirschauer	4/24
Judith & John Bolstridge	4/29

Mickey Murach (Room 103 Ross Rd. Kennebunk Rehab Kennebunk, ME)

Rosemary Hayden

Faith Coye

Marjorie Matson in the ICU @ York Hospital (all would love a call or card from you.)



Our Deepest Sympathy to the families of Jim McIntyre. Jim was a new member of the Senior Center.

And Mary Forbes who has always been a strong supporter of our Center.



To our new members:
Donna Byrnes
Marie Boscalia
Nancy Hegg
Diane Mello

Thank you to our own **Alan Kupper !!**
Alan arranged to have a sign made for the Senior Center that will be on one of the Shoreline Explorer seasonal trolleys this year. This is great advertising for the Center. **Watch For It !**

(207) 646-6303

Gerry's Beauty Salon

32 Davis Street
Wells, Maine 04090-1108

Gerry Paradis

RESIDENCE: (207) 646-2118
BUSINESS: (207) 468-9747
LEGISLATIVE: (207) 287-1400
TTY: (207) 287-4469
CAPITOL TOLL FREE: (800) 423-2900

KATHLEEN D. CHASE
STATE REPRESENTATIVE

142 BRANCH RD.
WELLS, ME 04090

HOUSE OF REPRESENTATIVES
2 STATE HOUSE STATION
AUGUSTA, MAINE 04333-0002

Bridge Basic's With Bob Howard

If you have always wanted to learn how to play Bridge, this is a great way to start. Bob knows the rules and is willing to teach you. If you have never played or need a brush up. The class will be on Monday's 10:30 am-12:30 pm. Bob has all the pinochle players on their toes and now he's going to work with the bridge players

Feb. 100 Club Winners: \$500. John Graves,
\$100. Mary Saucier . The 50/50 raffle Bonnie Guptill

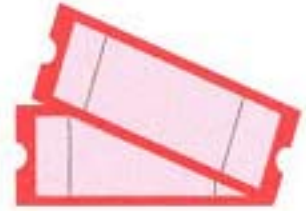
Cash Prizes
Total
\$1,000!

100 Club Raffle April 16th, 2010 Pot Luck

Ticket
Holders

Sign up Sheet

Please sign up for a dish to bring in April



When we have Pot Luck raffles, you do not have to pay the extra \$3. to bring a guest. You must bring a dish for Pot Luck or if you can't cook, speak to Sheena or Marie about options. Get your money/ticket into the office soon. Let us know if you want to surrender your # as we have people waiting for that winning ticket if you give it up!!! Approx. 30 tickets are not yet paid for and could potentially be available soon

Marker Art Class

New Classes in Marker Art will be continued through the month of April. Starting Apr. 4th, 12th, 19th, & 26th Classes will be held each Monday, 1-3 pm.

Cost: \$60 Includes all your art supplies and 4- two hour art lessons with artist Bob Hastie. Class size is limited to nine students with a minimum of five students to have the class.



Spring Massage Fling



Express
Facial

Thur. April, 8th, 2010

Chair
Massage

& Nail Mini

Mani

Cost: \$25.

Join us with a Spring Fling @ the SPA. We can all use a little more relaxing and pampering this spring. Your Body Works will offer this great deal to our Senior Center again. They do request you sign up for all three sessions. Beverly and this professional crew are experts at making you feel great.



Matter of Balance

8 Weeks

Monday 1-3 pm
April 12- May 31
Wells/Ogunquit
Center Moody's
Function Hall

Do you have concerns about falling? This program is for you. It emphasizes practical strategies to manage falls. Some of the things you will learn: View falls as controllable. Set goals for increasing activity. Make changes to reduce falls risks at home.

Cost:
\$20 for members
Non-members:
\$25.

Southern Maine Agency on Aging
Seeks Volunteer Coaches for this program.
Coach Training is held in Biddeford.
For information call 1-800-427-7411



MANAGING CONCERNS ABOUT FALLS

Wells Harbor Concerts

Every Saturday
July 3rd thru
Sept. 4th



Made
possible with
your
donations.

6:30 pm.

Harbor Road, Wells

In case of rain: Ward Gym @ Jr. High on Route 1, Wells

For more information call: 646-5596

"As You Like It"

Reminder: The Wells/Ogunquit Senior Center is a site to register and obtain your meal ticket in the "As You Like It" program. You must be 60 year old and fill out a registration form, available @ the Center and for a suggested donation of \$4.00 you can purchase a meal ticket.

More information call the office 646-7775

Ben Theriault

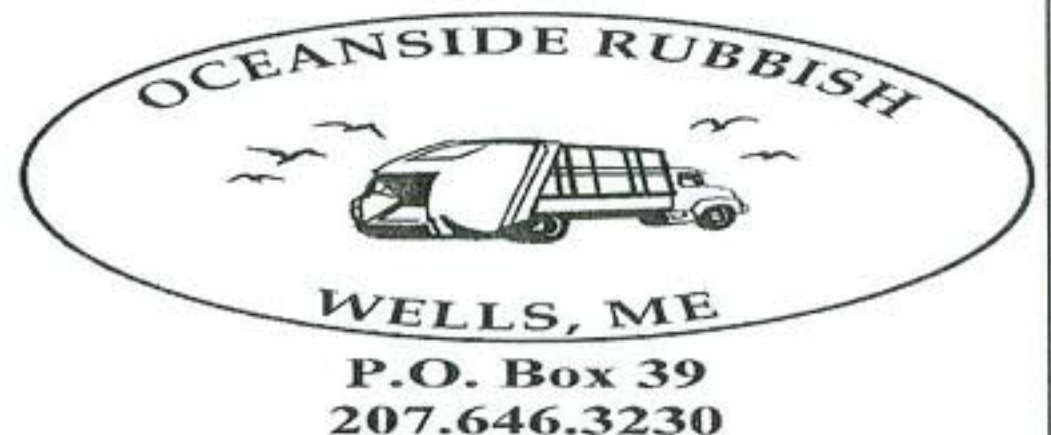
Store Manager

E-mail: btheriault@hannaford.com
tel.: 207-646-4111
fax: 207-646-1381



HANNAFORD SUPERMARKETS

Hannaford Supermarket & Pharmacy
US Route One 107 Wells Plaza
Wells, ME 04090





On The Road Again.....



“ Fabulous Fifty’s Show ”

Thurs., May 27th, 2010

Members: \$65. Non-Members: \$69.

Buttonwood Museum, Haverhill
then lunch & show at DiBurro’s

Entertainment, included
Transportation: included
Meal & gratuity: included
Museum admission: included



Choice of Top Sirloin or Stuffed Boneless
Breast of Chicken
with Salad, Potato, & Veg.
Dessert, Coffee/ Tea
(Cash Bar available)

Entertainment: “ Big John Hartman ” A trip
down memory lane telling stories and humor-
ous tales while singing and playing his banjo
and piano from Folk to Jazz to Broadway.



Leave Wells Transp. Center 8:30 am
Return home approx. 4:30 pm
Live Music for Line Dancing before lunch



Even Aliens are having fun at
The Mohegan Sun!
Tues. April 27th, 2010
Dept. Wells, Rte. 109 @ 8:00am.
Return Wells 7:00pm.
Your trip to the Casino
includes Transportation,
Casino Bonus, and
a Free Buffet Meal.

\$37. Members
\$42. Non-Members

Proceeds Benefit the Wells/Ogunquit Senior Center
Call 646-7775 for more information.

“High Jinks on the High Seas”

Will be coming to the Center on Sunday, May 16th.
Watch for more information and a signup with ticket availability
in April. It’s a funny fantastic murder/mystery/dinner/show.

River Dance Show

Reminder to All You River Dance Ticket Holders.
Date: Sunday, Apr. 11th @ the Hanover Theatre in Worcester
Leaving Wells Transp. Center @ 9:30 am
Return to Wells approx. 7 pm
Sorry there are no more tickets available for this show.



Come Dine With Us.....



Car Pool Mystery Luncheon



“ Let’s All Go ”

Where:
Kittery Estates

Attention:
Please pay when
signing up. This
lunch is limited to
30 people !! We
need to arrange car
pool, so let us know

When: Tues.
Apr. 13, 2010
Time: Depart
from the Center
11:30 am
Lunch served @
12:30 pm



Mystery: The Menu! (We will
have a three course meal and beverage,
and if it was anything like the last time
they cooked for us it will be fabulous. The
actual menu will be available if necessary

Culinary Arts College Luncheon

Friday, April 30th @ Noon

Brought to
us by
Y.C.C.C.

Members
\$7.

Menu
Roasted Stuffed Chicken
Breast/ country style
gravy and
Crab Stuffed Sole with
Newburg Sauce
Colcannon Mashed Pot.
Glazed Carrots
Strawberry Shortcake
w/almond cookies
Beverage



Non
members
\$ 8.00

York Hospital in Wells

(207) 646-5211
www.YorkHospitalWells.com

Senior Needs Committee of Wells & Ogunquit



NONPROFIT
ORG.
U.S. POSTAGE
PAID
WELLS,ME.
PERMIT No.15

If you haven't already voted...



The ballot from KBK Savings is with your bank statement and we need you to vote for us.

Remember, all Kennebunk Savings Bank customers get to vote for their non-profit of choice and we are **YOURS!**

Help us be number one when they write out the checks this year. This is a 'no brainer'. Your vote translates to \$\$\$\$ for us at no cost to you. So, if you haven't already voted, please do so **NOW.**

Board of directors election of candidates.....As you know this election is preceded by the nominating of candidates and at this time we are requesting the formation of a nominating committee to oversee the nomination process. This involves getting a four person committee together for the purpose of approaching potential director candidates and nominating them for the election at the June Members' Meeting. If you would like to serve on this committee please contact Suzi @ 646-7775 asap. Remember, this is only to serve on the nominating committee. You will NOT be running for a position on the Board!

We don't know if MARY FORBES was familiar to many of you as to her contribution to the Center, but we lost one of our early supporters March 9th, 2010 when Mary passed away. The Forbes Family has always been community oriented but surpassed themselves when we were raising funds to build the Center back in the 90's. Mary's family foundation donated \$10,000 in our initial fund raising drive to help us get this Center started and has continued to support us anytime we have requested help. Mary will be missed.



**Wishing you continued success.
From a member who enjoys the Center.**

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