

SENIOR CENTRAL



WOCAM NEWSLETTER

TEL: 207-646-7775

FAX: 207-646-8952

300 Post Rd. Rt. 1

Wells, ME 04090

P.O. Box 987

P.O. Box 9

Moody, ME 04054

WOCAM
Where Seniors Shine



swellsogunquit@maine.rr.com
web site: www.wocam.org

Fractured Follies

SATURDAY, MARCH 6TH @

THE WELLS HIGH SCHOOL 7 PM



If you haven't already done it, do it NOW! Get your tickets for the show that will keep you entertained and laughing for only \$10. That is, if you order your tickets from the Center and don't wait until the day of the show. If you procrastinate the tickets go up to \$12. at the door on

the day of the show. This is the best deal in town. We have acts who have been professionals for decades (that makes them sound old but they are really very good). And we have performers who have been a group for only a few months. But what they all have in common is the desire to entertain YOU and chase your winter blues away. And I promise you, if you come you will agree that they did just that. But



first you have to be persuaded to come. Right now it is difficult to reach all of our members since many are snowbirds so we have to exempt them from winter activities. But we have members who are supportive only by their membership dues and that's o.k. because we need them too. We also have members who join in and come to every event and that's wonderful. And we have others who pick and choose their particular interests and that also is understandable.

(Continued on page 4)

WOCAM

Newsletter

March 2010

Volume 7 Issue 3

Inside Story

What's Up & Letters to Editors	Pge. 2
Calendar	Pge 3
Stories of Interest	Pge. 4
Send a Card?	Pge. 5
Activities/Programs	Pge. 6
Trips & Luncheons	Pge. 7
Kennebunk Bank Every Vote Counts	Pge. 8

Mission Statement

To Promote the well being Of Senior Citizens in Wells and Ogunquit, regardless of sex, creed, race, religion, or the ability to pay.

News From The Office

Remember: Cell Phone Numbers have gone Public (February)

All cell phone numbers are being released to telemarketing companies and you will start to receive sales calls.

You Will Be Charged For These Calls! To prevent this, call the following number from your cell phone: **888-382-1222** It is the National "Do Not Call List." It blocks your number for five (5) years. You must call from the cell phone number you want to have blocked. You cannot call from a different phone number. Thank you



Letters to the Editors



Dear Editors: In a pervious newsletter you addressed the way you decide which day of the month you go on bus trips but you didn't discuss why or when you cancel those trips. I mention it because there was some confusion as to whether or not the trip was to be canceled on Feb. 16th when we were scheduled to go to the Mohegan Sun. Sgd. E.D.

Dear E.D. In the case of winter trips the weatherman is the deciding factor.

Continued on page. 4

What's Up At The Center ?



What's Up in March ?

Please check the calendar
for all the daily activities

Board Of Directors

Chairperson: Joe Allara (10)
Vice Chair:
Secretary: Paul Weiner (10)
Treasurer: Ron Allen (11)
Asst. Treasurer: June Messier (12)

Directors At Large

Valerie Brown (12)
Kathy Chase (10) John Graves (11)
George Hersom (11)
Christine Tremblay (12)

Honorary Board Members

Karl Ekstedt, Wells, B.O.S.
Michael Score, Ogunquit, B.O.S.
BOD/Membership Meeting
is Tues. March 9th, 2010

Pancake Breakfasts will begin April 3rd
Bingo will begin in May this year.
See you then!

Monday →
Mar. 1

Audiology Evaluations 11am.
"What did he say?"

Saturday →
Mar. 6th

Fractured Follies @ Wells High School 7 pm.
Delightful, very entertaining & fun
Don't miss it!!!

Monday →
Mar. 8th

Lobster Lunch @ Noon
York Hospital Urology Associates present an
informal educational talk about the services
provided.

Thursday →
Mar. 18th

Celtic Women
Venus De Milo in Swansea, MA
Meet at the Wells Transportation Center @ 9 am
Approx return to Wells by 6 pm

Monday →
Mar. 22nd

Atria Lunch 12 Noon
Menu: Seafood Chowder

Friday →
Mar. 26th

Snug Harbor Tour
Meet @ the center 10:15 am and car pool or meet at
Snug Harbor in Kennebunk @ 10:30 am

(Sat. April 3rd) →

1st Pancake Breakfast in 2010. Gold Team on Duty!
Hope to see you! And you! And You!!




Office Staff

Office Manager: Suzi Franklin
Office Asst: Doris Hanlon

Activities & Newsletter Staff:

Sheena Allara.....Marie Hastie
Website: Bob Bussiere
Senior Center Aide: Ken Chase

March 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Yoga 9:30 am Hearing Test 11 am Marker Art 1-3 Scrabble 1-3 pm	2 Chair Exercise 10 am Exercise 10:30 am Toenail care 11:40 am Chicago Bridge 1-3 pm Mahjong 1-3 pm	3 Exercise 10:15 am Craft Room 1-3 pm Cribbage 1:30 pm Game Night 4 pm	4 Coffee Club 9-11 am Ask the Nurse 10 am Exercise 10:45 am Line Dance 1-3 pm Dup Bridge 1-3 pm	5 Pinochle 10 am-12 pm Hand & Foot 1-3 pm	Fractured Follies Wells High School 7 pm
7 Closed	8 Yoga 9:30 am Lobster Roll 12 noon Marker Art 1-3 pm Scrabble 1-3 pm	9 Chair Exercise 10 am Exercise 10:30 am Toenail care 11:40 am Chicago Bridge 1-3 pm Mahjong 1-3 pm	10 Exercise 10:15 am Craft Room 1-3 pm Cribbage 1:30 pm Game Night 4 pm	11 Coffee Club 9-11 am Computer Tutor 10 am Ask the Nurse 10 am Exercise 10:45 am Line Dance 1-3 pm Dup Bridge 1-3 pm	12 Pinochle 10 am-12 pm Hand & Foot 1-3 pm	13 Closed
14 Closed	15 Yoga 9:30 am Marker Art 1-3 pm Scrabble 1-3 pm	16 Chair Exercise 10 am Exercise 10:30 am Toenail care 11:40 am Chicago Bridge 1-3 pm Mahjong 1-3 pm	17 Exercise 10:15 am Craft Room 1-3 pm Cribbage 1:30 pm Game Night 4 pm 	Celtic Women 18 Coffee Club 9-11 am Ask the Nurse 10 am Exercise 10:45 am Line Dance 1-3 pm Dup Bridge 1-3 pm	19 Pinochle 10 am-12 pm Hand & Foot 1-3 pm	20 Closed
21 Closed	22 Yoga 9:30 am Atria Luncheon 12 noon Marker Art 1-3 pm Scrabble 1-3 pm	23 Chair Exercise 10 am Exercise 10:30 am Toenail care 11:40 am Chicago Bridge 1-3 pm Mahjong 1-3 pm	24 Exercise 10:15 am Craft Room 1-3 pm Cribbage 1:30 pm Game Night 4 pm	25 Coffee Club 9-11 am Computer Tutor 10 am Ask the Nurse 10 am Exercise 10:45 am Line Dance 1-3 pm Dup Bridge 1-3 pm	26 Pinochle 10 am-12 pm Snug Harbor 10:15 Hand & Foot 1-3 pm	27 Closed
28 Closed	29 Yoga 9:30 am Marker Art 1-3 pm Scrabble 1-3 pm	30 Chair Exercise 10 am Exercise 10:30 am Toenail care 11:40 am Chicago Bridge 1-3 pm Mahjong 1-3 pm	31 Exercise 10:15 am Craft Room 1-3 pm Cribbage 1:30 pm Game Night 4 pm	Pancakes are Back! Gold Team on Duty Saturday April 3rd, 2010 8am - 11am 		



Tues. Feb. 16th had a weather forecast that would see us driving home in the snow and like all prudent travelers we chose to stay put in Wells until the storm passed. We had hoped to go on Thurs. but that wasn't an option so we finally went on Weds. And everyone had a good time. Those who couldn't make the change of date received a credit to the next Mohegan trip planned for April 27th. We sometimes cancel if we don't get enough interest to at least cover the cost of transportation. This seldom happens and we have also gone ahead when the negative cash flow is minimal to accommodate the members who have interest in the trip. We always give everyone notice and discuss options with the signed up parties if we have choices. To date, participants have been happy with our handling of cancellations that we have had to make.

Fractured Follies (Continued from page 1)

But we have some people who donate hours and hours of their time to put on these fundraisers (and they aren't even members) and we can't get 1/10th of our membership to buy tickets. What are we doing wrong? Or what aren't we doing that we should be doing? With no special order I introduce you to some of the great entertainment that you will enjoy if you come and join us: Bob Bailey: Solo, "Ma's General Store" : (skit) starring, Daryl Tudusco, Bob Bailey, Rick Nadeau & Ron Allen , Sherwin Day: Piano— Malaquena, Fletcher the Fiddler, Martial Arts Demonstration by the Karate Kids. Kimonee Bourke: Classical Pianist Jan & Bob Smith: Lip Synching "Sonny & Cher's—I Got You Babe" David Hollis: Song Stylist, Melody & Memories BarberShop Quartet and more..... And the grand finale with some of your favorite area personalities featured in the "All Male Revue" under the direction of Kathy Chase. Just get your tickets, bring a friend or relative, and get ready to enjoy yourself on Saturday, March 6th @ 7pm at the Wells High School. Rain date; March 7th, same time.

Something For Free

The Wells/Ogunquit Health Association offers free Medical equipment to borrow for as long as you have a need. Items such as a walkers, canes, crutches, commodes, shower chair or wheelchair are available to residents in this area. This is a wonderful convenience and allows you to bypass purchasing items that you would need for only a short time. Equipment is available by calling Sally Morse at 646-5700 or stop by Morse Hardware and Lumberyard on Post Rd. Wells. Many thanks to Sally for her help in providing this service.



This is something new for us. We are offering limited advertisement space in our newsletter to offset the increased cost of mailing etc. Thank you to Highland Mgt. and Paul Weiner for being our first ad! The space is a business card for 12 months reaching over 650 members per month. This puts your business out there in over 6,000 newsletters. Such a deal!! Call 646-7775 for more information or to reserve space.



Sign up for a Hannaford gift card
Hannaford's has always been very supportive of the Senior Center and we can show our appreciation to them and have a great fundraiser for the Center at the same time. Cards are available in denominations of \$50., \$100., \$200, (a \$300. order donates \$15 to the Center at No cost to the purchaser)
The cards are very convenient to have.
Deadline to place an order and /or pay for an order is Tuesday, March 9th, 2010. Cards will be issued within 7 days (by Mar. 9th) (we get a 5% donation on every card) Please consider placing and order. For more info. 646-7775

Highland Property Management, Inc.
 Winter House Checking
 Construction Supervision
Paul C. Weiner
 (Secretary on your Board of Directors)
 Ogunquit, ME. 03907-0368
 207-646-8696
 Cellphone: 207-337-5054 E-Mail: pweiner@gwi.net



← This ad could be yours for only \$160 per year. →



Send A Card Page



An Anniversary, Birthday, Get Well or to Welcome someone new to the Center.
Make someone's day by calling or sending them a little message.



March Happy Birthday's



Sue Layne	Mar. 01	Enland Coombs	Mar. 14		
Eleanor Garnett	Mar. 01	Donald Peterson	Mar. 15	Bob Jacobs	Mar. 23
Goran Hall	Mar. 02	Dennis Madigan	Mar. 15	Debra Bailey	Mar. 24
Ron Oslebo	Mar. 03	Pamela Higgins	Mar. 16	Hope Galeucia	Mar. 24
Bob Hamlyn	Mar. 03	Ada Seckofsky	Mar. 16	Sylvia Cable	Mar. 25
Ida Neistorowich	Mar. 04	George Fenderson	Mar. 16	Marie Gordon	Mar. 25
Kim Massaro	Mar. 05	Robert Ross	Mar. 16	Michael Mushnick	Mar. 25
Philip McCurdy	Mar. 05	Meg DeAgazio	Mar. 17	Jane Miliotis Hatch	Mar. 26
Leanne Cusimano	Mar. 06	Judy Foley	Mar. 17	Joan Richard	Mar. 26
Colleen Ogilvie	Mar. 06	Francis Mailhot	Mar. 17	Peggy Maillet	Mar. 26
Jill Moroney	Mar. 07	Mary Pat O'Connor	Mar. 17	Muriel Freedman	Mar. 27
Agnes Rexroad	Mar. 07	Virginia Armour	Mar. 19	Bob Morrow	Mar. 28
Annette Foisy	Mar. 09	Dianne Carberry	Mar. 19	Nancy Fording	Mar. 30
Janet Abendroth	Mar. 09	Linda Lawrence	Mar. 19	Nancy MacGown	Mar. 30
Rene Greene	Mar. 10	Paul Breen	Mar. 19	Mary Boardman	Mar. 30
Harry Stathoplos	Mar. 10	Joe Allara	Mar. 20	Donald Allen	Mar. 30
Mary Colton	Mar. 11	June Messier	Mar. 21	Helen Garnsey	Mar. 31
Judith Deskus	Mar. 12	Frank DiPietro	Mar. 23		

Our New Members

Welcome

Janet Bevins Craig Durocher
 Ronald Dziura Audrey Familgetti
 Wendy & Bob Fitch Maria Foisy
 Ferne Little Lee & Roger Lapierre
 Joan Sakey Dorothee Scarborough

Remember:

Senior Citizens Are Valuable
 We Are More Valuable Than Any
 Of The Younger Generations
 We Have Silver In Our Hair
 We Have Gold In Our Teeth
 We Have Stones In Our Kidneys
 We Have Lead In Our Feet
 And.....
 We Are Loaded With Natural Gas!!

Happy Anniversary

Meda & Budd Schmiedel 3/09
 Susan & John Freeman 3/09
 Jane & Matthew Soucie 3/18
 Eileen & Robert Philipps 3/25
 Joan & Ken Lunt 3/31

One thing you learn in a long
 marriage is how many sneezes to
 wait before saying "Bless You"

Robert Brault



Peg Noonan, George Hersom,
 Bob Robinson, Bonnie Guptill and
 Paul Weiner. These wonderful volunteers
 are responsible for the cleaning and painting
 of the walls at the Center. They did a
 fantastic job. It looks so clean. Like new.
 We have added chair rails in some areas.
 This should keep the walls from
 future damage.

Congratulations :

We sold 89 blocks in our February Football Pool
 resulting in a total \$1780. \$375. was given out for each
 quarter winning score.

Football Pool Winners:

1st Quarter: Lorraine Moulton 2nd Quarter: Brian Therrien
 3rd Quarter: Jack Leary/ Suzi Frankin
 4th Quarter: John Graves
 The Senior Center received \$280.

Bridge Basic's With Bob Howard

If you have always wanted to learn how to play Bridge, this is a great way to start. Bob knows the rules and is willing to teach you. If you have never played or need a brush up. The class will be on Monday's 10:30 am-12:30 pm. Bob has all the pinochle players on their toes and now he's going to work with the bridge players

Marker Art Class

Marker Art Classes will be scheduled in March for four weeks. Beginning Monday, March 8th, 15th, 22nd & 29th

Bob Hastie will be the instructor. Time: 1-3 pm
Cost: \$60 includes all your art supplies, and 4 two hour lessons with Bob.

Class size is limited to 9 students, with a minimum of 5 students to schedule the class

Webhannet Garden Club

Date: Friday, March 26th, 2010

Webhannet Garden Club invites seniors to a trip to Snug Harbor Farm.

Someone from the garden club will be at the Center @ 10:15 am, if you need to follow them to the farm.

Or you can meet @ the farm 10:30 am

Snug Harbor Farm is located on Route 9 in Kennebunkport. There will be a tour of their greenhouses, plants and animals

Free For more information call 646-7775

Days of Warming!
are over for another year!

To all who participated, volunteered, donated and supported these nine Saturdays, our eternal gratitude. Congdon's, Bull & Claw, People's Choice Credit Union, Wells Family Practice, Shield's, Ogunquit Rotary, Ocean Bank & Mike's Clam Shack are all on our list for an 'appreciation visit'. Only the restaurants tho'. (I'd rather not 'visit' the doctors or the bank unless necessary!) If you do business with any of these establishments please remind them of how much we enjoyed the days of warming that they made possible. One of the girls from Ocean Bank who served and cleaned up after lunch said, "I had no idea of what could be done with a small donation. This is fantastic!" We think so too.

Cash Prizes Total \$1,000!

100 Club Raffle

April 16th, 2010

Pot Luck

Sign up Sheet

Please sign up for a dish to bring to our next **100 Club Raffle**

Appetizer ...Salads
Entrée or Dessert

Tickets: \$20.

When we have Pot Luck raffles, you do not have to pay the extra \$3. to bring a guest. You must bring a dish for Pot Luck or if you can't cook, speak to Sheena or Marie about options

Feb. 100 Club Winners: \$500. John Graves, \$100. Mary Saucier. The 50/50 raffle Bonnie Guptill



Making the Golden Years Fun

Mondays, March 15– Apr 19th, 2010

1-2:30 pm @ the Senior Center

Let's share the positive side of aging through discussion, meditation, relaxation, humor, drawing, and journal writing. Free

Instructor: Louise Hirshberg

Car Pool Mystery Luncheon



Attention:
Please pay when signing up. This lunch is limited to 30 people!! We need to arrange car pool, so let us know if you can drive

When: Tues.
Apr. 13, 2010
Time: Depart from the Center 11:30 am
Lunch served @ 12:30 pm
Members: \$8.
Non-Members \$10



Where: Kittery Estates

Mystery: The Menu! (We will have a three course meal and beverage, and if it was anything like the last time they cooked for us it will be fabulous. The actual menu will be available if necessary Mon.4/12)



On The Road Again.....



" Fabulous Fifty's Show"

with " Big John Hartman " as the featured Entertainment

Thursday, May 27th, 2010
DiBurro's in Haverhill, MA

Before the show we have:
Live music for (line!)dancing and a delicious lunch:
Top Sirloin **OR** Stuffed Boneless Breast of Chicken
Tickets: Members \$ 62.
Non-Members \$67.

You will definitely take an entertaining walk down



Even Aliens are having fun at
The Mohegan Sun!
Tues. April 27th, 2010

Dept. Wells , Rte. 109 @ 8:00am.
Return Wells 7:00pm.

Your trip to the Casino includes Transportation, Casino Bonus, and a Free Buffet Meal.

\$37. Members
\$42. Non-Members



Proceeds Benefit the Well/Ogunquit Senior Center
Call 646-7775 for more information

River dance Show

The Hanover Theatre in Worcester

Sunday, April 11th 2010

Leaving Wells Transportation Center 9:30 am
Stop @ McDonald's Haverhill from 10:30-11 am
Arrive Maxwell-Silverman's Toolhouse Restaurant 12 pm (to park the bus)
Shuttle to Theater for 1 pm Matinee.
Shuttle back to Restaurant @ 3:30 pm for a Buffet Lunch Home to Wells approx. 7 pm

Non-Members
\$90

Members:
\$82

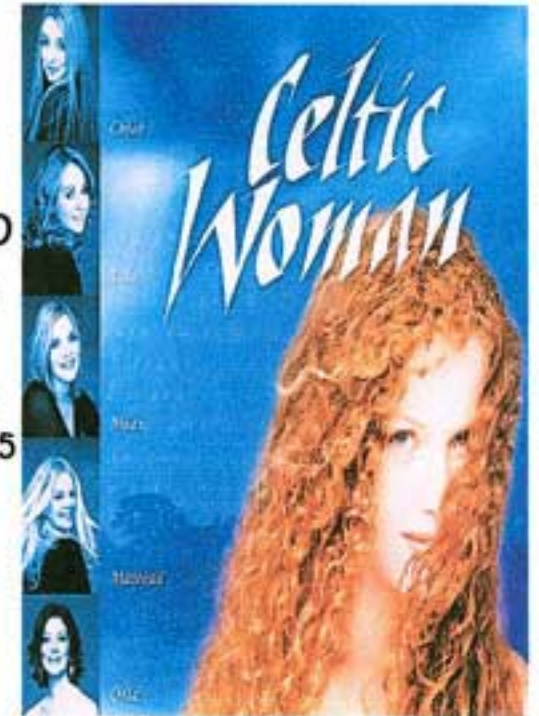
Four Celtic Women
@ Venus DeMilo
Swansea, MA.

Thurs., March 18th, 2010
Meet @ Wells Tran. St. @ 9 am
includes
Dinner/Transportation & Show
For more information call 646-7775

Cost:
Members :
Non members:

\$74.95

\$79.99



Come Dine With Us.....



Monday, March 8th, 2010 @ The Senior Center
12 pm. Please join us for this informal Educational Presentation and the fabulous Lobster Roll Lunch.

A donation of \$7. Per Person is requested.

All proceeds to benefit the Senior Center.

**YORK HOSPITAL UROLOGY ASSOCIATES
BRINGS YOU..... LOBSTER ROLL**



York Hospital will provide transportation to the Senior Center for this event. Please call 641-8015 24 hrs in advance to book a ride. Public is invited to attend.

Atria Luncheon

Monday, March 22nd, 2010
12 noon @ the Senior Center

Members
\$5.00

Menu
Salad
Seafood Chowder
Rolls
Dessert & Beverage

Non members
\$ 6.00



Senior Needs Committee of Wells & Ogunquit



NONPROFIT
ORG.
U.S. POSTAGE
PAID
WELLS, ME.
PERMIT No.15

Your ballot is in your March bank statement if you are a customer of Kennebunk Savings Bank. You will also be able to vote online if that is more convenient. One vote per household.

We Need Your Vote!

In 2008 we received a donation of \$1,900.
In 2009 we received a donation of \$1,166.
In 2010 we will receive a donation of \$???
That number is up to you. More votes mean more money. This donation costs you no \$\$\$ just votes. Please request votes from all your friends & relatives. They can support us painlessly!

Kennebunk Savings Bank Community Investment

In 2005 we received the 2nd largest amount from the bank as a result of this program (\$3,850. !) But times are different as we all know when we look at our interest earned statements, so we don't expect to even come close to that number. Still, we only received the 2nd LARGEST amount and not the largest amount, so what does it take to get the MOST votes? It takes YOU ! We are on a mission to make the Center #1 and we need YOUR help. So, VOTE soon and vote for US ! I'd like to say "Vote often!" but that's not permitted.

Make my day and make us Numero Uno in this program !

This is another example of the support that Kennebunk Savings gives us so please show your appreciation by visiting Kennebunk Savings when you need additional banking services. The balloting has a cut-off date so vote as soon as you get your ballot.



In accordance with Federal Law and USDA Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability (not all prohibited bases apply to programs). To file a complaint of discrimination, write to USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Ave. SW, Washington, D.C. 20250-9410, or call 1-800-795-3272 (voice) or 202-720-6382 (TDD). USDA is an equal opportunity provider and employer.