



swellsogunquit@maine.rr.com
web site: www.wocam.org

SENIOR CENTRAL



WOCAM NEWSLETTER

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300 Post Rd. Rt. 1

Wells, ME 04090

Mailing Address:

P.O. Box 987,

Wells, ME 04090



**Equals
Thanksgiving
Dinner!**

O.K. everyone. This is not a request for help but a request for us to help the 8th Graders of the Junior High. This will be the 4th year that we have raised the \$\$\$\$ to buy the turkeys cooked for Thanksgiving dinner at the Junior High.

The children, teachers & staff, and the parents all work together to put on a wonderful turkey dinner at the Junior High the Sunday before Thanksgiving and we feel this is the least we can do. They have consistently refused gratuities and donations during the dinner and everyone enjoys the social get together and the awesome job the Junior High Family does. To make the 'donating' a little less painful and a little more fun we are having a Turkey Bingo. We are asking for a \$5. donation and you put a turkey on the board with your name & phone number. When the board is full we will draw two bingo cards under each letter and the names on those squares will win a small prize. Please consider playing with us and

helping the children out. We hope to cover 75 Bingo numbers and raise \$375. for the children. Money left over after buying the turkeys will go into an 8th Grade discretionary fund for the children to use in the school year. Last year we went over the top and then some when we ran out of 'squares' to sell and people were insisting that they wanted to donate anyway. This is just another example of the wonderful generous people you all are.

Late, Later & Oh My G-d ! Are You Forgetful & having a Senior Moment?

Are You a Procrastinator and "Going to do it tomorrow"? Or do you think you have already renewed your membership and this message has nothing to do with you? Look on the back of this newsletter and confirm that your address is not highlighted with the renewal date LAST JUNE! If it is highlighted, you are not renewed yet and come under the "Oh My G-d!" heading. Most of you say that when you realize that you have not renewed, and apologize.

WOCAM

Newsletter

September, 2011

Volume 8 Issue 9

Inside Story

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Mission Statement

To Promote the well being Of Senior Citizens in Wells and Ogunquit, regardless of sex, creed, race, religion, or the ability to pay.

News From The Office

Need A Ride: Call Russ Belmore 646-0737

(at least 24 hours notice)

→ Don't FORGET!

Your newsletter will not continue to arrive in your mailbox and we will be devastated if you don't get your membership renewal into us ASAP. We know you appreciate the Center and we don't want to lose you as members. We need your support so please take a minute and renew today.)



Letter to the Editors



Dear Friends , We have misplaced the letter but whoever wrote it will recognize the issue I am addressing and their letter in particular. For one thing the letter (or note) that was left for us was signed "melting" and we know that is not someone's real name. (Pretty clever of us. Right?) Normally we would not deign to answer an anonymous letter because like most publications we require the person writing to give us their real name although we don't publish it. We are making
(Cont. on Page 4)

What's Up At The Center ?



Board Of Directors

Chairperson: Joe Allara (13)
 Vice Chair: George Hersom (14)
 Secretary: Paul Weiner (13)
 Treasurer: Ron Allen (14)
 Asst. Treasurer: June Messier (12)

Directors At Large

Valerie Brown (12)
 Kathy Chase (13)
 Jordan Freedman (14)
 James Johnson (12)

Honorary Board Member

Karl Ekstedt , Wells ,B.O.S.
 Chris. M. Jarochym, Ogunquit, B.O.S.

MEETING!! B.O.D. Meeting

All Members Invited

Tues. September 20th
4:00pm



What's Up in September?

Please check the calendar for all the daily activities

Wells/Ogunquit Health Assoc. has medical equipment available .
Please contact Sally Morse @ 646-5700

Every Saturday



All-You-Can-Eat Yummy Blueberry Pancakes for Breakfast with Sausages coffee & juice. 8am-11am
 Only \$5.00 This will be stopped for the Winter so hurry in and join us while we are still 'cookin'!



Monday
September 5th

Center Closed

Every Weds.



Doors open at 5pm (hot food available)
 Games begin @ 6pm. Come join the fun!

September 13th
Tuesday

"Road to the Scottish Highlands" trip leaves the Wells Transport. Center on Rte. 9 @ 8:30am (see page 7)

September 21st
Wednesday

Lobster Roll Luncheon by York Hospital HERE @ the Center Precede by "Meet & Greet the Doctors" 11:30am ((see pge. 3)

Sept. 28th
Wednesday



Begins at Sundown
Happy New Year !

Look Ahead!
Coming in October

Mohegan Casino Bus Trip Thurs. Oct. 20th (see Page 7)
Atria Lunch HERE @ the Center Tues. Oct. 18th (see Pge. 7)
100 Club Italian Night (see Page 6)

Office Staff

Office Manager: Suzi Franklin
 Office Asst: Doris Hanlon

Activities & Newsletter Staff:

Sheena Allara.....Marie Hastie
 Website: Bob Bussiere

Drive Safely on Labor Day

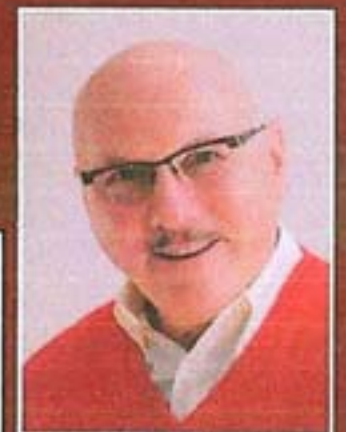


RE/MAX

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George Wilson, SRES®
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 REALTOR®

84 School Street, Ogunquit, ME 03907
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 Office: (207)646-4546

Specializing in Senior's Real Estate Needs





Come Dine With Us.....



Fundraiser

Door Prizes

GREAT FOOD!
@ Good Friends

Varano's

on Mile Rd. Wells

"Italian Fest"

Tues., Nov. 1st, 2011

Social Hour: 5:30pm—Dinner 6:30pm

Donation: \$20.00

Menu

Incredible famous Cheese Board!

Garden Salad & Garlic Bread

Chicken Parmesan Meatless Lasagna

Roasted Potatoes, Mixed Vegetables

Chef's Choice of Dessert & Beverage

York Hospital @ Wells

Presents lunch
here at the Senior Center
11:30am, Wednesday,

Sept 21st, 2011

Member's \$8.00
Non-Members \$10.00

Menu

The Hospital's Famous Lobster Roll
with salad & chips

Dessert (Chef's Choice)

& Tea or Coffee

There will be an informational
introduction of
York Hospital Services
In Wells.

Prior to and during Lunch

CLAY HILL FARM RESTAURANT

MODERN CUISINE • CLASSIC SETTING

220 Clay Hill Rd., Cape Neddick, ME
Tel: (207) 361-2272

Welcome Seniors!

Present this coupon to receive 20% off your food
with a 5:30 reservation.

Valid through September 30th, 2011

Ramsdell's Barber Shop & Styling

Open: Mon. thru Fri. 8am—6pm

Saturday 8am —3pm

Route 1, Wells

646-8612

Tom Ramsdell—Proprietor



JUST IN TIME

ODD JOBS, LLC

Justin Petelle, Owner

Wells—Ogunquit

(207) 337-2626

Free Estimates
www.justintimeoddjobs.com Insured

For List of Services see Page 7

State Farm

Providing Insurance and Financial Services
Home Office, Bloomington, Illinois 61710

Nancy Hafford, Agent

960 Sanford Road, P.O.Box 1679

Wells, ME 04090

Bus: 207-641-2186 Toll Free: 888-871-0900

nancy.hafford.jw68@statefarm.com





the exception in this case since it is an issue that numerous people have had throughout the Summer and Winter months. That issue is the temperature at certain times and locations in the building.

1. We try to keep the temperature at 72 degrees unless there is an exercise program going on and understandably the temp. has to be lowered because of the exertion. If you are sitting under an air return you will find it more variable since you get the full blast of the system. Move! If you are feeling a bit cold, put on a sweater!

2. Both the A/C and heating bills are astronomical and we'd like to keep them within reason if possible. Thank you for your understanding and please continue to visit and sign your letters to us. *Sgd. Sheena & Marie*

Big Win ...Big Prizes!

\$50. per tickets and only 300 available

The odds are great in this raffle and we are giving away \$7,500.
4 prizes are \$1,000. or more with the top prize being \$2,000!
If you buy 4 chances we'll give you a bonus ticket for FREE.

What other cash raffle can do that for you?

Your bonus ticket (for FREE) could be the one that wins \$2,000.

You don't have to be here to win. The drawing is at the Center Friday December 2nd, 2011 and wouldn't it feel great to get that check in the mail just in time for Christmas?

Remember, you have to be "IN IT TO WIN IT!"

There are still plenty of numbers to choose from if one number is special to you. We are happy to put your special number on hold for a period of time so come on in and see what number could be the big winner for you.

Hannaford's Gift Cards are on Sale AGAIN!

The same deal as before.
\$50. or \$100. values.



You sign up and pay for your order by Thurs. Oct. 13th and they'll be ready for pick up by Mon. Oct. 18th. You can sign up any-time and pay the week before the order goes in if you wish. We are just trying to give you time to plan. The Center receives 5% of each order so we get a nice healthy donation if you do your part and order the most convenient thing since sliced bread! So far the Center has received approx. \$700. since we started doing this in Oct. 2009 (Thank you to all who have used this program numerous times in the past.) So, sign up and make a painless contribution to the Center while doing yourself a favor.

Marty Layne
AUDIOLOGY

Diagnosis and treatment of hearing loss

403 Lafayette Center Kennebunk, ME 04043

Tel: 207-985-8005

Fax :207-985-8006

abbey@martylayneassociates.com

martylayneaudiology.com

Abbey Forcier, Au. D.

Doctor of Audiology

Highland Property Management, Inc.

Winter House Checking
Construction Supervision

Paul C. Weiner

(Secretary on your Board of Directors)

Ogunquit, ME. 207-646-8696

Cell phone: 207-337-5054

E-Mail:pweiner@gwl.net



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Atria Kennebunk
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Send A Card Page



Anniversary, Birthday, Get Well or to Welcome someone new to the Center.
Make someone's day by calling or sending them a card.

Happy Birthday to You !!



| | | | | | |
|-----------------------------|-------|-------------------|--------|----------------------|--------|
| Ellen Aromando | 1-Sep | Raymond Morin | 8-Sep | Eunice E. Desjardins | 19-Sep |
| Dr. Patricia J. Prendergast | 1-Sep | Joanne Paquette | 8-Sep | Eleanor Leech | 19-Sep |
| Betty E. Talbot | 2-Sep | Sandra Weiner | 9-Sep | Stephen Oliver | 19-Sep |
| Polly Baston | 3-Sep | George E. Wilson | 9-Sep | Dolores J. King | 20-Sep |
| Kurt Benedict | 3-Sep | Theresa M. Martin | 10-Sep | Nan Kranes | 23-Sep |
| Leila Kupper | 4-Sep | Bonnie Guptill | 11-Sep | Anne Lynch | 23-Sep |
| Marjorie D. Matson | 6-Sep | Irene Rouleau | 11-Sep | Shirley Gerrol | 24-Sep |
| Norma Miller | 6-Sep | Roger O'Neil | 12-Sep | Pat McDermott | 24-Sep |
| Sarah Dining | 7-Sep | Jean Cavanaugh | 13-Sep | Sue Wiggins | 24-Sep |
| Blanche Feinberg | 7-Sep | Paul Eichelroth | 14-Sep | Richard Eaton Sr. | 25-Sep |
| Joseph Graham | 7-Sep | Peter Sullivan | 14-Sep | Robert Coleman | 27-Sep |
| Peter Malley | 7-Sep | Barbara Toreson | 16-Sep | Brian McDonald | 27-Sep |
| Shirley McDonough | 7-Sep | Anne Cole | 17-Sep | Miriam Blanchard | 28-Sep |
| Bernadine Small | 7-Sep | Fred Connelly | 19-Sep | | |

Happy Anniversary

| | | | |
|--------------------------|--------|----------------------------|--------|
| Alice & Henri Gaudette | 1-Sep | Marie & David Gordon | 13-Sep |
| Joanne & Robert Jacobs | 1-Sep | Jane & Richard Willett | 16-Sep |
| Mary & Walter Rogers | 1-Sep | Wendy & Robert Fitch | 17-Sep |
| Priscilla & Jack Leary | 3-Sep | Jean & Kenneth LaBossiere | 17-Sep |
| Marietta & Norman Hebert | 6-Sep | Janet & Martin Schorer | 17-Sep |
| Sybil (Mae) & Bob Cady | 7-Sep | Claire & Gordon Sirois | 17-Sep |
| Joan & Joseph Graham | 7-Sep | Jean & John Ladderbush | 19-Sep |
| Marla & Philip McCurdy | 8-Sep | Ida & William Neistorowich | 19-Sep |
| Leila & Alan Kupper | 9-Sep | Judi & Jack O'Donnell | 22-Sep |
| Nan & Rick Kranes | 12-Sep | Marion & Gerald Bojas | 28-Sep |
| Lee & Stephen Oliver | 12-Sep | Helen & Alan. Friot | 29-Sep |

Welcome to New Members



Sarah Dining
Brenda Martin
Shirley Polinger

Get Well Soon

Let us not forget, or be too busy to remember all our family, friends and neighbors who could use a cheerful call or note from someone who cares.

And in the end it's not the years in your life that count. It's the life in your years. — Abraham Lincoln



Freeman R. Goodrich, LTCP
Agent
New York Life Insurance Company
Abenaki Professional Park
1662 Post Rd., Bldg. A, 2nd Fl., P.O.Box 607
Wells, ME 04090
Tel: 207 604 7617
fgoodrich@ft.newyorklife.com
The Company You Keep



RESIDENCE: (207) 646-2118
BUSINESS: (207) 468-9747
LEGISLATIVE: (207) 287-1400
TTY: (207) 287-4469
CAPITOL TOLL FREE: (800) 423-2900

KATHLEEN D. CHASE
STATE REPRESENTATIVE

142 BRANCH RD.
WELLS, ME 04090

HOUSE OF REPRESENTATIVES
2 STATE HOUSE STATION
AUGUSTA, MAINE 04333-0002



Marker Art with Bob

Take an Art class in August/Sept. ?

Marker Art Classes begin again August 29th Ask anyone who has taken these classes in the past. You'll be amazed at what you can create. Maybe not Van Gogh or Monet but something that you'll be delighted with. **Guaranteed!**

Dates: Mon. Aug. 29th, Sept. 12th, 19th, & 26th Classes from 1 pm—3 pm Cost: \$60. Includes 4 two hour lessons ,

We have had some inquiries as to the possibility of having a widowed/singles group gathering here at the Center. We would be happy to make time and space available if there is sufficient interest in forming, organizing or participating in such a group.



Anyone interested in something of this nature should call Suzi @ 646-7775. We are always supportive of new ideas and activities so please keep them coming.

Brenda McDermott has graciously offered again to have a class to make a cornucopia out of bread dough in time for the holidays. You can make an awesome centerpiece or gift for the holidays. If this interests you please call Suzi @ 646-7775 for more information.



Wells Harbor Concerts

Every Saturday
July 2nd thru
Sept. 3rd
6:30 pm.



Harbor Road, Wells

Made possible with your donations.

In case of rain: Ward Gym @ Jr. High on Route 1, Wells
For more information call: 646-5596



HANNAFORD SUPERMARKETS

Steve Robyck

Store Manager

E-mail: srobyck@hannaford.com
tel.: 207-646-4111
fax: 207-646-1381

Hannaford Supermarket & Pharmacy
US Route One 107 Wells Plaza
Wells, ME 04090



100 Club Raffle

August 19th, 2011

The Big Winners: \$500. Don & Linda Peterson
\$100. Peg Noonan

\$75. Rod & Diane Anderson

\$75. Lillian Chutsky

The next 100 Club Raffle will be

Friday, October 21st, 2011 .

Raffle Tickets (\$25.) include an Italian Dinner.

Guests not in the raffle pay \$5.

All you Canasta Lovers Attention!

Players are meeting at the Center from 1-3pm on Mondays. Everyone's welcome. From beginners to experienced players. Come and check it out.

Duplicate Bridge

Sanctioned Game with Master Points
Open to the Public * Thursday evenings @ 7 pm
Wells/Ogunquit Center @ Moody
300 (Rt 1) Wells * Contact: Ron Allen 646-7324

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On The Road Again.....



October Getaway
to
Mohegan Sun Casino
Thursday,
October 20th, 2011

Member's: \$37.
Non-Members: \$40.
This price inclds. Free meal
& \$15. gambling)

Casino Bonus
\$15. Meal Voucher
& 3 x \$5. bets

Depart Wells 8:am
Return Approx. 7:pm

"Road to the Scottish Highlands" Sept. 13th, 2011



Meadowbrook Pavilion,
Laconia, N H
Buffet lunch at
The Common Man Inn
8:30am—6:00pm.

Only THREE Seats left!

**Don't
Miss This!**

An introduction into the music, dance and artistry of Scotland. Master of Ceremonies internationally renowned accordionist John Carmichael. Performance include the graceful Skara Brae Dancers, the regimental splendor of Drum Majors, traditional music from the Transatlantic Seaway Collaboration, and the Pipin' Hot music of the genre-bending bagpipers!!!

Members: \$75. Non-Members \$79.

The Mark Verselli Show

Lunch

Baked Boston Scrod or Yankee Pot Roast

Thursday, Nov. 10th 2011

Angelica's in Middleton, Mass

(cost includes)
Transportation, lunch,
admission)

Members:

\$61.

Non-

Members:

\$65.

Car pooling being arranged.

If you would like to drive let us know

Cars leaving center at 10 am. Return to Wells by 5 pm.

A exceptional impressionist who captivates his audiences, with a variety of characters including over 120 personalities. Mark features with numerous headlining entertainers. As his comedy and fantastic singing voice renders his audience speechless and amazed in showrooms and theatres across the country!

Apologies for the location of this information but there was no room on "Come Dine with Us" page! but, there is room here at the Center and you don't have to go ...on the Road Again!

Tues., October 18th, 2011

Members:
\$8.00

Non-Mem.
\$10.00

Here comes Chef Adkins from Atria, Kbk. with the following wonderful lunch for us to be served at Noon.

Menu

Green Salad

Roasted Cornish Hen w/ Walnut & Fig Dressing

Herb Mash Potatoes

Green Beans w/toasted Almonds

Giblet Gravy & Candied Yams

Yeast Rolls & Butter

Ice Cream & Toppings



Some of the Services offered by:

Basement, Attic, Garage & Storage Clean outs & Organizing

Dump Runs including furniture & Appliances.

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services to list! Need Help? Call Justin @ (207) 337-2626

JUST IN TIME
ODD JOBS, LLC

York Hospital
in **Wells**

Senior Needs Committee of Wells & Ogunquit



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PERMIT No.15



Clever Ideas Worth Knowing

Uses for Vinegar (white or apple Cider)

For a crispier crust: To improve the crust of homemade bread, brush top of loaf with vinegar just before baking.

- Wash away odors: If your hands smell from handling fish, garlic or an onion, wash them in apple cider vinegar. Odor gone!
- Stop the itch: For relief from insect bites, soak a cloth in vinegar and place it over the affected area.
- And the old standby: wash mirrors or windows with vinegar and water solution for a no-streak finish

Flu Shots

Mark your calendar . Tuesday, October 11th. 12 pm until 2 pm . We have a sign up sheet posted. Lorraine may give us a second date later. This is the first and latest word on Flu shots this fall.



Definition of Happy Hour:
The fifteen minute nap AFTER lunch.

Wishing you continued success. From a member who appreciates the Center.



Richard Littlefield
Broker

207-363-4300 Business
207-337-2921 Cell
207-363-1458 Fax
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richardl@yorkerealty.com



YORKE REALTY

529 U.S. Route 1 Suite 101
York, Maine 03909

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